Abuse

National Association of Adult Survivors of Child Abuse

Website: <u>http://www.naasca.org/</u> Facebook: <u>https://www.facebook.com/NAASCA</u> Phone: 323-552-6150 Keywords: survivors, counseling, child abuse, overcome, rape, incest, sexual violience, emotional support, shelter, direction

Rape, Abuse, and Incest National Network (RAINN)

Website: https://www.rainn.org/ Facebook: https://www.facebook.com/RAINN01/ Phone: 1-800-656-4673 Keywords: help, victim, sexual exploitation, no consent, child abuse, forced, incest, abandonment, rape

Texas Dept. of Protective and Regulatory Services

Website: <u>https://www.dfps.state.tx.us/</u> Facebook: <u>https://www.facebook.com/TexasDFPS</u> Phone: 1-800-252-5400 Keywords: shelter, lawful supervison, save, safe, run away, abuse

Addiction

Al-Anon

Name: Al-Anon

Address: ZOOM LINK ID: 81250263419 Password healspirit

Contact Person: Cheryl Myers

Title Position: Meeting Chair person

Email: texashopenow@aol.com

Telephone: <u>8326077221</u>

Website: https://al-anon.org/

Services Provided: FREE help in dealing with addiction

Population Served: All are welcome

Search Words: Al-Anon members are people, just like you, who are worried about someone with an addiction problem.

Teens come together to share experiences to find effective ways to cope with problems Family members have the opportunity to learn from the experiences of others who have faced similar problems.

For adults who have been affected by someone else's alcoholism

For adults who grew up with and affected by someone else's alcoholism

For teens who have been affected by someone else's alcoholism

Alcohol Rehab Guide

Name: Alcohol Rehab Guide

Address: https://www.alcoholrehabguide.org/

Contact Person: na

Title Position: na

Email: caitlin@alcoholrehabguide.org

Telephone: 8776241853

Website: https://www.alcoholrehabguide.org/

Services Provided: Rehab Directory

Population Served: everyone

Fee-Payment: Insurance

Search Words: alcohol treatment rehab help addiction

Alcoholics Anonymous

Name: Alcoholics Anonymous

Address: ZOOM 81250263419 healspirit Tuesday 7:15 pm

Contact Person: Cheryl Myers

Title Position: Meeting Chair person

Email: texashopenow@aol.com

Telephone: 8326077221

Website: https://www.aa.org/self-assessment

Services Provided: FREE AA HELP with 12 Step Program

Population Served: All

Search Words: 12 Step Program, Alcoholics Anonymous, Addiction, Help for Addiction, AA ZOOM MEETINGS ZOOM ID: 81250263419 Password: healspirit Tuesday 7:15 pm, There is HOPE

Great Oaks Recovery Center - Alcohol, Drugs, Addition - Egypt, Tx

Address: 11210 FM 102, Egypt, Texas 77436

Website Link: https://greatoaksrecovery.com

Phone: 888-599-8803, (877) 768-4882, 8779773268

Keywords: addiction, treatment, rehab, drug and alcohol abuse, substance abuse, detox, family, family recovery, aftercare, inpatient, alcohol and drugs, drugs, alcohol, ready to work

Texas Hope Now

Name: Texas Hope Now

Address: texashopenow.com or texashopenow.net

Contact Person: Cheryl Myers

Title Position: LCDC

Email: texashopenow@aol.com

Telephone: 8326077221

Website: https://www.texashopenow.com

Services Provided: Addiction Counseling for addict and family

Population Served: All ages

Search Words: If you or someone you care about is battling addiction in Columbus Texas or anywhere in Texas, you're not alone, and you don't have to be afraid to ask for help. Texas Hope Now offers compassionate, evidence-based alcohol and drug addiction treatment in Columbus, Fayetteville, La Grange, and all over the state of Texas.

Texas Hope Now substance use disorder counseling helps you or your loved one embrace care as you work toward overcoming alcohol or drug abuse and reclaiming your life. Cheryl offers affordable virtual treatment options, to keep you safe and your recovery confidential. Payment options are easy such as Apple Pay, or Zelle. Don't wait another second to get help. Your recovery and future start today. treatment planning, assessment, crisis intervention, individual and group counseling, case management, and education services as they relate to abuse of and dependency on alcohol and other drugs are just a phone call away. I am not a Mental Health Counselor. I have a wonderful reference if your primary issue is Mental Health. If your primary issue is Addiction then call me and we will get you on your way to recovery for both you and your family!

Adolesence

Compassion Works, Jason Drake, LCSW-S, BCN

Services: Licensed Clinical Social Worker providing counseling, psychotherapy, and Neurofeedback (brain mapping). Includes depression, anxiety, panic attacks, school phobia, and social anxiety. Certified in EMDR and Neurofeedback for trauma resolution and PTSD. Works with teens, families and adults.

Keywords: counseling, teens, family, Neurofeedback, depression, anxiety, school problems

Website: https://compassionworks.com/consultant/jason-drake-lcsw-s-bcn/

Phone: <u>281-519-6364</u>

Address: 23410 Grand Reserve Dr., Katy, TX 77494

Focus Adolescent Services – Online Services & Information

Website: <u>http://www.focusas.org/</u> Facebook: <u>https://www.facebook.com/FocusASconnect</u> Phone: 443-358-4691 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral, youth, teens, children, adolescence

Youth and Family Services – La Grange

Website: https://tejashealthcare.org/

Phone: 1-844-835-2748

Medical/dental/Behavioral Health office phone: 9799682000

Address: 890 E Travis St, La Grange, TX 78945

Adoption Assistance

Arms Wide Adoption Services

Address: 6925 Portwest Dr, Suite 110, Houston, TX 77024

Website: <u>https://www.armswideadoption.org/</u> Facebook: <u>https://www.facebook.com/ArmsWideTX/</u> Phone: 713-681-6991 Keywords:family adoption, love, family, help, placement, parenting, fostercare, social, emotional support, legal process, DNA test

Gladney Center for Adoption

Website: https://adoptionsbygladney.com/post-adoption-support

Phone: 817-922-6000 Keywords:family adoption, love, family, help, placement, parenting, fostercare, social, emotional support, legal process, DNA test

Little Footprints Attention: Kim Dale

Website: https://littlefootprintscm.com Phone: <u>832.204.6010</u>; <u>7138570292</u> Location:PO Box 70348 Houston, TX 77270 Keywords:rescuing, street, homeless, fatherless, motherless, abuse, neglect, care

North American Council on Adoptable Children – NACAC

Website: <u>https://wearefamiliesrising.org/</u> Facebook: <u>https://www.facebook.com/wearefamiliesrising</u> Phone: 713-767-2651 Keywords:family adoption, love, family, help, placement, parenting, fostercare, social, emotional support, legal process, DNA test

Texas Department of Family and Protective Services

Website: https://www.dfps.state.tx.us/Child_Protection/Adoption/adoption_support.asp Facebook: https://www.facebook.com/TexasDFPS Phone: 1-800-252-5400 Keywords:family adoption, love, family, help, placement, parenting, fostercare, social, emotional support, legal process, DNA test

Alcohol & Drugs

After Care Group Colorado County Twyla Dodson, LCDC – Program Director

Address: 514 Washington St., Columbus, TX 78934

Website Link: <u>http://ccyfs.org</u> Phone: 9797328355

Email: star@ccyfs.org

Keywords: Support Group for Addictions; Probation referral; MUST be referred by Colorado County Adult Probation Location: Colorado County Tx

Alcohol Screening Online

Keywords: alcoholism, drug abuse, free screening, alcohol screening, behavioral health, substance abuse, inpatient treatment center, referrals, advice, recovery

website: AlcoholScreening.org

Alcoholics Anonymous - Colorado County Contact John Q. Adam

Phone – 979-732-0456 Keyword – Alcoholic, Drunk, Support, AA Meetings, 12 Step, Sobriety, Addiction, Drug Abuse Location – Colorado County

Barnhill & Associates Counseling center

Website: https://www.barnhillcounseling.com/ Phone: 979-633-4869

Alternate (main office in Sugarland, TX) phone:<u>2817621825</u> Address: 816 Wallace St. Columbus, TX 78934 Email: <u>DanBarnhillCounseling@gmail.com</u>

Cheryl Myers, LCDC – ALcohol & Drug Counseling – Telehealth Appointments

Address: 2540 Highway 71 S. Columbus, TX 78934

Website Link: <u>http://TexasHopeNow.com/</u> Email: <u>CherylMyers2@sbcglobal.net</u> Phone: 832-607-7221 Keywords: 12 Step, Addiction, Alcohol, Codependency, Intervention

DrugScreening.org

Website: https://drugfree.org/

Keywords: behaviorial health, substance abuse, alcoholism, inpatient treatment center, referrals, advice, screening, drugs, recovery

Great Oaks Recovery Center - Alcohol, Drugs, Addition - Egypt, Tx

Address: 11210 FM 102, Egypt, Texas 77436

Website Link: https://greatoaksrecovery.com

Phone: <u>888-599-8803</u>, <u>(877) 768-4882</u>, <u>8779773268</u> Keywords: addiction, treatment, rehab, drug and alcohol abuse, substance abuse, detox, family, family recovery, aftercare, inpatient, alcohol and drugs, drugs, alcohol, ready to work

Mental Health Testing – Online & Free

Mental Health America (MHA)

https://screening.mhanational.org/screening-tools/

Test for Depression, Anxiety, Addiction, PTSD; Tests in Spanish

Recovery International

Website: https://recoveryinternational.org/ Facebook: https://www.facebook.com/RecoveryIntl/ Phone: 312-337-5661 Alternate Phone: 1-866-221-0302 Keywords: addiction, alcoholism, drug abuse, self-help, recovery, support group

Alzheimer's & Dementia

Rice Lighthouse – Eagle Lake – Alzheimer's & Dementia Care

Address: 610 South Austin Rd. Eagle Lake, TX 77434 Email: <u>info@ricemedicalcenter.net</u> Website: <u>https://ricemedicalcenter.net/</u> Facebook: <u>https://www.facebook.com/RiceMedicalCenterandAssociates</u>

Phone: 979-234-5571 Keywords: senior, geriatric, aging, senior mental health needs, Alzheimer's, Dementia, Geriatric IOP, IOP,

Anxiety and Depression

Anxiety and Depression Association of America – ADAA

Website: <u>https://adaa.org/</u> Facebook: <u>https://www.facebook.com/AnxietyAndDepressionAssociationOfAmerica?notif_t=page_new_likes</u> Phone: 240-485-1001 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Anxiety Hotline – Mental Helpline 866-294-1159

https://www.mentalhelp.net/anxiety/hotline/

HOTLINE: 866-294-1159

Keywords: Anxiety, nervous, nervousness, jittery, uptight, wound up, depression

Benson-Henry Institute for Mind Body Medicine

Website: https://bensonhenryinstitute.org/ Facebook: https://www.facebook.com/BensonHenryInstitute/about/ Phone: 617-643-6090 Keywords: holistic medicine, mental health, anxiety, depression, Wellness, counseling, worry, social anxiety, loss, bereavement, divorce, separation

Compassion Works, Jason Drake, LCSW-S, BCN

Services: Licensed Clinical Social Worker providing counseling, psychotherapy, and Neurofeedback (brain mapping). Includes depression, anxiety, panic attacks, school phobia, and social anxiety. Certified in EMDR and Neurofeedback for trauma resolution and PTSD. Works with teens, families and adults.

Keywords: counseling, teens, family, Neurofeedback, depression, anxiety, school problems

Website: https://compassionworks.com/consultant/jason-drake-lcsw-s-bcn/

Phone: 281-519-6364

Address: 23410 Grand Reserve Dr., Katy, TX 77494

Depression Screening

Website: https://screening.mhanational.org/screening-tools/depression/ Facebook: https://www.facebook.com/mentalhealthamerica Phone: 703-684-7722 Alternate Phone: 1-800-969-6642 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD,

Schizophrenia, suicide prevention, support groups, coping, referral

Freedom From Fear

Website: https://freedomfromfear.org

Phone: 717-351-1717

Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Aspergers

Hatch Learning Habitat Loueva Hatfield, Founder & Director

Website Link: http://www.hatchlearning.com/

Keywords: Autism, Spectrum, Head Injuries, Treatment, Counseling, Assessment, Learning Disabilities, Learning Challenges, School Problems, Aspergers, Austism, School Difficulties Location:

WEIMAR LOCATION 506 S. Eagle St. Weimar, Tx. 78962 ; Phone: ?979-314-7229

VICTORIA LOCATION 4208 Retama Circle Victoria, Tx. 77901; Victoria 361-578-2257 Ext 6

Website Link: <u>http://www.hatchlearning.com/</u> Phone: Victoria 361-578-2257 Ext 6

NIH.gov – Asperger

Website: https://www.ncbi.nlm.nih.gov/books/NBK557548/

Keyword: Aspergers, Aspergers resources

Autism

Autism Society

https://AutismSociety.org

Email: Info@autism-society.org

Phone: 8003288476

Keywords: Autism, Autism resources, help

For far too long, individuals living on the Autism spectrum have been categorized, labeled and placed into diagnostic boxes. But life experiences are far more complex, and the Autism Society embraces the infinite ways in which people live their lives. In service of those unique experiences, the Autism Society has undergone a major rebranding effort.

The Autism Society is proud and excited to advance our mission to create connections, empowering everyone in the Autism community with the resources needed to live fully. Our vision is to create a world where everyone in the Autism community is connected to the support they need, when they need it. We do this while embodying our values of **Dignity**, **Equity**, **Inclusion**, **Diversity**, and **Integrity**.

Autism Speaks – Resource & Online Screening

Autism Speaks – National Resource

https://www.autismspeaks.org

Keywords: autism, children, teens, treatment, research, statistics, online screening

Autism Spectrum Disorder – The CDC

The CDC – Autism Spectrum Disorder

Key Words: Autism information and resources, treatment, children, teens, research, articles and more

https://www.cdc.gov/ncbddd/autism/facts.html

Hatch Learning Habitat Loueva Hatfield, Founder & Director

Website Link: http://www.hatchlearning.com/

Keywords: Autism, Spectrum, Head Injuries, Treatment, Counseling, Assessment, Learning Disabilities, Learning Challenges, School Problems, Aspergers, Austism, School Difficulties Location:

WEIMAR LOCATION 506 S. Eagle St. Weimar, Tx. 78962 ; Phone: ?979-314-7229

VICTORIA LOCATION 4208 Retama Circle Victoria, Tx. 77901; Victoria 361-578-2257 Ext 6

Website Link: <u>http://www.hatchlearning.com/</u> Phone: Victoria 361-578-2257 Ext 6

National Autism Association

naa@NationalAutism.org

https://NationalAutismAssociation.org

National Autism Association One Park Avenue, Suite 1 Portsmouth, RI 02871 ? Toll Free: 877.622.2884 Fax: 401.293.5342

National Autism Resources

https://nationalautismresources.com/classroom-materials-teaching-supplies/

Keywords: Austism, classroom tools, calming tools, toys & gifts, sensory OT, Autism resources, life skills, social skills

TAMU Telepractice – Parents of Children with Autism

Website: http://autism.tamu.edu

Email: <u>tamuauparent@tamu.edu</u>

Children

Boys & Girls Clubs of Champion Valley – Colorado & Fayette Counties

https://bgcchampvalley.org/

Phone: (979) 725-8208

Abigail Torres-Janak, Executive Director

1 Club – 3 Sites: Columbus, Weimar, Schulenburg

Keywords: after school program, summer program, children services, teens, children, childcare, enrichment

Office Hours: 8am – 5pm, Monday – Friday

Club Hours: 3pm - 7pm, Monday - Friday (School Session)

8am - 5pm, Monday - Friday (Summer Session) Saturday - Sunday: Closed

What We Do — Five Core Program Areas:

- Education & Career Development
 - $\circ\,$ Club members create aspirations for the future providing opportunities for career exploration and educational enhancement.
- Character & Leadership Development
 - Helping our youth become responsible, caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs.
- Health & Life Skills
 - These initiatives develop young people's capacity to engage in positive behaviors that nurtures their own well-being.
- The Arts

- Programs in this core area enable youth to develop their creativity and cultural awareness.
- Sports, Fitness & Recreation
 - These Club programs help develop fitness, a positive use of leisure time, reductions of stress, appreciation of the environment, and social and interpersonal skills.

Eagle Lake Head Start – Christina Rodriguez

Phone: 979-234-6863 Address: 600 Johnnie Hutchins Drive. Eagle Lake, Tx 77434 Email: <u>info@ctfhs.org</u> Facebook: https://www.facebook.com/HeartsofTexasHeadStart/

Keywords: early childhood, childhood education, preschool, children, head start

UTHSC-McGovern Medical School

Address: 6431 Fannin St. Houston, TX 77030

Website: <u>https://med.uth.edu/</u> Facebook: https://www.facebook.com/mcgovernmed/

Phone: 713-500-5010 Keywords: clinical services, community health program, family medicine

Churches

First United Methodist Church – Columbus

Website: https://www.fumccolumbustx.com/ Phone: 979-732-2643 Address: <u>419 Washington St. Columbus, TX 78934</u> Email: fumctx@gmail.com

Milam Street Church of Christ – Columbus

Address: 815 Milam St. Columbus, TX 78934 Email: <u>keruxman@gmail.com</u> Website:<u>https://www.milamstreetchurchofchrist.com/</u> Facebook:https://www.facebook.com/milamstcofc

Phone: 979-732-2441 Keywords: food assistance, emergency assistance

City Officials

Bryan Milson - Mayor, City of Flatonia

Address: 125 E. South Main P.O. Box 329 Flatonia TX 78941 Website: http://www.flatoniatx.govPhone Number: 979-378-2559

Elaine Kocian – Mayor, City of Schulenburg

Website: https://schulenburgtx.org/

Phone Number: 979-743-4126

Jan Dockery – Mayor, City of La Grange

Website: http://www.cityoflg.com/

Phone Number: 979-968-5805

Mark Massey - Mayor, City of Round Top

Address: P.O. Box 215 | 202 N. Live Oak Street | Round Top, Texas 78954 Website: https://townofroundtoptexas.org/

Phone Number: 310-405-4461

Mayor Bryan Milson- Flatonia

Phone: 361-865-3548 Address: P.O. Box 329, Flatonia, TX, 78941

Mayor Elaine Kocian- Schulenburg

Phone: 310.405.4461 Address: P.O. Box 215, Round Top, Texas 78954 Email: roundtopmayor@gmail.com

Mayor Jan Dockery- La Grange

Phone: (979) 968-8500 Address: 151 North Washington St., Room 201, La Grange, TX, 78945 Email: 155disct@co.fayette.tx.us

Mayor Lori An Gobert - Columbus

Phone: 979-733-4813 Address: 605 Spring St. Columbus, TX 78934 Email: mayor.columbus@yahoo.com

Mayor Mark Massey- Round Top

Phone: (979) 968-5805 Address: 155 E. Colorado St., La Grange, TX, 78945 Email: mayordockery@cityoflg.com

Mayor Mary Parr – Eagle Lake

Phone: 979-234-2640 Address: 100 East Main St. Eagle Lake, TX 77434 Email: <u>mparrmayor@aol.com</u>

Mayor Mike Stroup- Fayetteville

Phone: 833-309-4336 Address: 607 Upton Ave., Schulenburg, Texas 78956 Email: mayor@schulenburgtx.org

Mayor Milton Koller – Weimar

Phone: 979-725-8554 Address: 106 East Main. St. Weimar, TX 78962 Email: Koller@texassports.com

Mike Stroup – Mayor, City of Fayetteville

Address: 202 West Main, Fayetteville, TX 78940 Website: http://fayettevillecitytx.com/

Phone Number: 979-378-2559

City Police

Columbus Police Department – Chief Skip Edman

Website: http://www.columbustexas.net/page/police.home Phone: 979-732-3351 Address: 605 Spring Street, Columbus, TX 78934 Email: <u>colpdchief@columbustexas.net</u> Facebook: https://www.facebook.com/texascolumbuspolicedepartment

Eagle Lake Police Department – Chief Federico Garza Jr.

Website: http://www.coeltx.net/police-department.html Phone: 979-234-2727 Address: 200 E. Post Office St. Eagle Lake, TX 77434 Email: <u>chief@coeltx.net</u> Facebook: <u>https://www.facebook.com/eaglelakepolice/</u>

Weimar Police – Todd Jacobs Chief

1754 IH-10, Weimar Texas

https://weimartexas.org/police-department/

EMERGENCY: DIAL 911

Office Phone: (979)725-8060 (Can Transfer to Colorado County Sheriff's Office Dispatch after regular department office hours–Dial "7") Office Fax: (979) 725-8061

Colorado County Sheriff's Office: (979) 732-2388

DPS Roadside Assistance: 1-800-525-5555 NON-LIFE THREATENING EMERGENCIES ONLY! ALLTEL, Nextel, AT&T/Cingular Wireless and Verizon Wireless — Can dial *DPS (#377) This number is also located on the back of your Texas Driver's License

Clinics

Columbus Medical Clinic

Address: 2122 Hwy 71. Columbus, TX 78934 Email: <u>info@columbusch.com</u> Website: <u>http://www.columbusch.com/columbus-medical-clinic/</u> Facebook: <u>https://www.facebook.com/Columbus-Community-Hospital-591183800979934</u> Website Link: <u>http://www.columbusch.com/columbus-medical-clinic/</u> Phone: 979-732-2318 Keywords: Family Medicine, OB/Gyn, Pediatrician, immunizations, illness, local doctors, Specialists, Physical Therapy, appointment, shots, clinics, clinic, medical clinic, medical clinic colorado county Location: 2122 Business Hwy 71S Adjacent to CCH

Four Oaks Medical Clinic – A Rural Health Clinic

Address: 109 Shult Dr # 102, Columbus, TX 78934 Phone: (979) 732-5794

Keywords: Medical Clinic website: https://columbusch.com/four-oaks-medical-clinic/

Rice Medical Associates

Website: https://ricemedicalcenter.net/ Phone: 979-234-2551 Address: 610 South Austin Rd, Eagle Lake, TX 77434 Email: info@ricemedicalcenter.net Facebook: https://www.facebook.com/RiceMedicalCenterandAssociates

Keywords: medical clinic, medical appointments, vaccinations, immunizations, doctor appointments, well check, physicals, school physicals, colds, flu, pain management, dermatology, podiatry, cardiology, neurology, orthopedics, psychiatry, pulmonology, urology, infants babies, children, families, teens

Schulenburg Community Clinic

Address: 511 Summit St, Schulenburg, TX 78956 Website: https://tejashealthcare.org/Phone Number: 979-743-4131

Tejas Health Clinic La Grange – Medical, Behavioral and Dental Services

Website: https://tejashealthcare.org/ Facebook: https://www.facebook.com/tejashealthcare/ Phone: 979-968-2000 Keywords: behavioral health, psychiatrist, social worker, therapist, psychotherapy, counseling, medication management, English, Spanish, medical services, WIC, community, CHIP, dental, Medicare, Medicaid, Insurance, Sliding Fee, clinic, clinics medical clinics, medical clinical fayette county

Tejas Health Care Mission "Provide quality, affordable, compassionate and accessible primary medical, dental and behavioral health care to the communities we serve.

Youens & Duchicela Clinic

Website: https://ydclinic.com/ Phone: 979-725-8545 Address: 402 Youens St., Weimar, TX 78962 Facebook: https://www.facebook.com/pages/Youens%20&%20Duchicela%20Clinic/154490024589021/

Keywords: clinic, clinics, medical clinic, medical clinic colorado county, immunizations, physicals, adults, teens, children, medications, exams, xrays, lab

Youens & Duchicela Clinic Weimar

Address: 402 Youens St., Weimar, TX 78962

Website: https://ydclinic.com/ Facebook: https://www.facebook.com/pages/Youens%20&%20Duchicela%20Clinic/154490024589021/ Website Link: https://ydclinic.com/ Phone: 979-725-8545 Keywords: family medicine, immunizations, illness, local doctors, appointment, shots Location: 402 Youens Drive Weimar

Clothes Closets/Clothing Assistance

First Baptist Church of Columbus

Address: 1722 Milam St. Columbus, TX 78934 Email: <u>fbc.columbus@att.net</u> Website: <u>https://fbccolumbustx.org/</u> Facebook: https://www.facebook.com/firstbaptistchurchcolumbustx

Phone: 979-732-6261 Keywords: free clothes, clothes closet

God's Corner Thrift & Consignment Store Columbus – Dale Alexander

Address: 1010 Milam St. Columbus, Tx 78934 Phone: 979-733-6645 Facebook: https://www.facebook.com/godscornerstore

Keywords: clothing, clothing assistance, home furnishings, baby goods, infant supplies, emergency needs, traveler needs

I Support the Girls

Address: P.O. Box 342591 Austin Texas 78734 Email: <u>STGATX@yahoo.com</u> Website:<u>https://isupportthegirls.org/</u> Facebook:https://www.facebook.com/SupportTheGirlsandWomen/

Phone: 914-774-5510 Keywords: free clothes, clothes closet

Second Chance Emporium

Address: 841 S. Reynolds St. La Grange, TX 78945

Website: <u>http://www.secondchanceemporium.org/</u> Facebook: <u>https://www.facebook.com/Second-Chance-Emporium-Fayette-Resale-Inc-220696384631963</u>

Phone: 979-968-6070 Keywords: free clothes, clothes closet

Second Time Around Resale Shop

Address: 1825 N. Mechanic St. El Campo, TX 77437

Facebook: https://www.facebook.com/Second-Time-Around-Resale-Shop-159044694126558/

Phone: 979-543-1559 Keywords: free clothes, clothes closet

College & Adult Education

Blinn College

Phone: 979-830-4000 Keywords: Academic advising, counseling, public, community college, GED, HSE Courses, training courses, adult literacy, ESL, distance learning

Wharton County Jr. College

Address: 911 Boling Highway Wharton, Texas 77488

Website: https://www.wcjc.edu/Programs/adult-basic-education/index.aspx Facebook: https://www.facebook.com/whartoncountyjuniorcollege

Phone: 979-532-6301 Keywords: Academic advising, counseling, public, community college, GED, HSE Courses, training courses, adult literacy, ESL, distance learning

Colorado County Hospitals

Columbus Community Hospital

Address: 110 Shult Drive, Columbus, Tx 78934 Email: <u>info@columbusch.com</u> Website: <u>http://www.columbusch.com/</u> Facebook: <u>https://www.facebook.com/Columbus-Community-Hospital-591183800979934</u> Website Link: <u>http://www.columbusch.com/</u> Phone: 979-732-2371 Keywords: Labor & Delivery, Labs, Diagnostics, Imaging, PT, OT, Respiratory Therapy, In Patient, Sleep Studies, Surgery, ER, Specialists Location: 110 Shult Drive Columbus, Tx 78934

Rice Medical Center-Eagle Lake

Address: 600 South Austin Rd., Eagle Lake, Tx 77434 Email: <u>info@ricemedicalcenter.net</u> Website: <u>https://ricemedicalcenter.net/</u> Facebook: <u>https://www.facebook.com/RiceMedicalCenterandAssociates</u> Website Link: <u>https://ricemedicalcenter.net/</u> Phone: 979-234-5571 and 979-232-7095 Keywords: Hospitalization, Labs, Wound Care, Telehealth, Diagnostics, Imaging, PT, OT, Respiratory, In Patient, Sleep Studies, Surgery, ER, Specialists Location: 600 South Austin Road Eagle Lake, Tx 77434

Columbus Independent School District

Alternative School – Columbus ISD

Address: 1421 Austin St. Columbus, TX 78934 Email: <u>michael.koehl@cisdschools.org</u> Website: <u>https://columbusisd.edliotest.com/apps/pages/index.jsp?uREC_ID=762265&type=d&pREC_ID=1168187</u>

Phone: 979-732-2963 Keywords: Columbus school, alternative school, local, behavior school, education, acting out, misbehaving

Columbus Elementary School

Address: 1324 Bowie St. Columbus, TX 78934 Email: <u>shana.neisner@cisdschools.org</u> Website: <u>https://ces.columbusisd.org/</u> Facebook: https://www.facebook.com/columbusestx

Phone: 979-732-2078 Keywords: Columbus school, local, public school, elementary, education

Columbus High School

Address: 103 Cardinal Lane Columbus, TX 78934 Email: <u>miller.beaird@cisdschools.org</u> Website: <u>https://chs.columbusisd.org/</u> Facebook: https://www.facebook.com/columbushscardinals

Phone: 979-732-5746 Keywords: columbus school, local, public school, high school, education

Columbus ISD business office

Website: https://www.columbusisd.org/ Phone: 979-732-5704 Address: 105 Cardinal Lane Columbus, TX 78934 Facebook: https://www.facebook.com/columbusisdtx

Columbus Jr. High School

Address: 702 Rampart St. Columbus, TX 78934 Email: amy.russell@cisdschools.org Website: https://cjh.columbusisd.org/ Facebook: https://www.facebook.com/Columbus-Junior-High-Riverside-Campus-Columbus-ISD-231363787346640

Phone: 979-732-2891 Keywords: columbus school, local, public school, middle school, junior high, education

Columbus Special Ed. Department

Address: 702 Rampart St. Columbus, TX 78934

Website:

https://www.columbusisd.org/apps/pages/index.jsp?uREC_ID=762243&type=d&pREC_ID=1168168 Facebook: https://www.facebook.com/columbusisdtx

Phone: 979-732-5276 Keywords: Columbus school, learning disability, local help, school, vision impaired, hearing impaired, delayed, developmental delay, disability, screening, assessment

Counselors

Counselors of Texas – Austin, Round Rock, Killeen

Website: https://www.counselorsoftexas.com/ Phone: 512-388-4660 Address: 301 Hesters Crossing Road Suite 202 Round Rock, Tx 78681 Email: info@counselorsoftexas.com Facebook: https://www.facebook.com/Counselors-of-Texas-Austin-Round-Rock-and-Killeen-121756404547267/

Couples Therapy – Online

Website: https://www.dallaspsychotherapy.com/online-therapy-in-texas-shea-lorocco

MHA – Self-Screening for Depression, Anxiety more Online

Email: <u>info@mhanational.org</u> Website: <u>https://screening.mhanational.org/</u> Facebook: <u>https://www.facebook.com/mentalhealthamerica</u>

Phone: 1-800-969-6642

Keywords: depression, anxiety, bipolar, addiction, alcoholism, drugs, psychosis, OCD, PTSD, Eating Disorder

Pilgrims on a Journey Counseling

Email: <u>www.pilgrimsonajourney.org</u> Website: https://www.pilgrimsonajourney.org/

Keywords: group therapy, online support group, Texas residents, Psychiatrists, Psychotherapist, retreats, premarital counseling, telehealth sessions; grief and loss; anxiety; depression; trauma and PTSD; life transitions (job, marriage, divorce, relocation); and counseling for clergy

Suicide Text – SPANISH 741741

Provencion Suicidio, Spanish Texto Ayuda, Depression, Anxiety, Addiction

Tracy Mach, LPC Counselor

Address: 116 S. Main St. #2613, La Grange, TX 78945

Phone: 979-966-0711 Keywords: Counselor, Emotional Eating, Bipolar Disorder, Loss, Grief, and Bereavement

Turning Leaf Counseling and Education

Address: 403 E. Hillje St. El Campo, TX 77437 Email: <u>turningleaftx@gmail.com</u>

Facebook: https://www.facebook.com/turningleaftx Website Link: https://www.facebook.com/turningleaftx Phone: 979-253-3849 Keywords: Mental health services, support group, Counseling, Education, Therapy Location: 403 E. Hillje Street El Campo, Tx

Village Counseling and Assessment: Staci M. Ulrich, MA, LPC – Founder & Director

Address: 2540 Hwy. 71 S. Columbus, TX 78934 Email: <u>staci@counselingatthevillage.com</u> Website:<u>https://www.counselingatthevillage.com/</u> Facebook:<u>https://www.facebook.com/villagecolumbus/</u> Phone: 979-732-4250 Keywords: Counseling, Psychotherapy, Assessment, Mental Health, Mental DIsorders, Stress, Anxiety, Depression, Children, Adults, Couples, Marriage, Divorce, Grief, Mental Illness

County Officials

Colorado County Judge – Ty Prause

Phone: 979-732-2604 Address: 400 Spring St., Room 107 Columbus, TX 78934 Email: ty.prause@co.colorado.tx.us

Commissioner Darrell Gertson - Pct. 4 Colorado County

Phone: 979-234-2633 Address: 310 S. McCarty Eagle Lake, TX 77434 Email: darrell.gertson@co.colorado.tx.us

Commissioner Darrell Kubesch – Pct. 2 Colorado County

Phone: 979-725-8416 Address: 404 S. Eagle Weimar, TX 78962 Email: darrell.kubesch@co.colorado.tx.us

Commissioner Doug Wessels – Pct. 1 Colorado County

Phone: 979-234-2071 Address: 3334 CR 106 Rock Island, TX 77470 Email: doug.wessels@co.colorado.tx.us

Commissioner Drew Brossman Pct 4 – Fayette County

Address: P.O. Box 423 Schulenburg, TX 78956 Office Phone: (979) 743-3250 Fax Number: (979) 968-8621

Email: <u>drew.brossmann@co.fayette.tx.us</u> website: <u>https://www.co.fayette.tx.us/page/fayette.Commissioners.Court</u>

Commissioner Harvey Berckenhoff Pct 3 – Fayette County

Phone: (979) 249-3166 Harvey Berckenhoff, Commissioner

Address: P.O. Box 393 Flatonia, TX 78941 Office Phone: (361) 865-3524 Fax Number: (979) 968-8621 Email: harvey.berckenhoff@co.fayette.tx.us

website: https://www.co.fayette.tx.us/page/fayette.Commissioners.Court

Commissioner Jason McBroom- Pct. 1 Fayette County

Phone: (979) 968-6469 Address: 151 North Washington St., Room 301, La Grange, TX 78945 Email: joe.weber@co.fayette.tx.us

Commissioner Keith Neuendorff – Pct. 3 Colorado County

Phone: 733-732-3270 Address: 1501 FM 109 New Ulm, TX 78950 Email: Keith.neuendorff@co.colorado.tx.us

Commissioner Luke Sternadel Pct 2 – Fayette County

Precinct 2 Commissioner Luke Sternadel

Address: 2339 S. State Highway 237 Round Top, TX 78954 Office Phone: (979) 249-3166 Fax Number: (979) 249-3906

Email: Luke.Sternael@co.fayette.tx.us

Fayette County Judge – Joe Weber

Address: 151 North Washington St., Room 301 La Grange, TX 78945 Office Phone: (979) 968-6469 Fax Number: (979) 968-8621 E-mail: joe.weber@co.fayette.tx.us cassie.austin@co.fayette.tx.us, County Court Administrator

Judge Jeff R. Steinhauser- 155th District Court

Phone: (979) 743-3250 Address: P.O. Box 423, Schulenburg, TX, 78956 Email: drew.brossmann@co.fayette.tx.us

County Services

Colorado County EMS - Emergency Medical Services – Amanda Daniel

Website: http://www.co.colorado.tx.us/page/colorado.EmergencyMedicalServices Phone: 979-732-2188 Address: 305 Radio Lane, Room 101 Columbus, TX 78934 Email: amanda.daniel@co.colorado.tx.us Facebook: https://www.facebook.com/coloradocountyems

Colorado County Sheriff's Office - Sheriff RH Wied

Website: https://www.coloradoso.net/ Phone: 979-732-2388 Address: 2215 Walnut St. Columbus, TX 78934 Email: <u>rhwied@co.colorado.tx.us</u> Facebook: <u>https://www.facebook.com/Colorado-County-Sheriffs-Office-104370354443418</u>

Fayette County EMS Director- Josh Vandever

Phone: (979) 968-6469 Address: 151 N Washington St., Room 304, La Grange, TX, 78945 Email: <u>craig.moreau@co.fayette.tx.us</u>

Fayette County Sheriff's Office – Keith Korenek

Phone: 979-378-2559 Address: 202 West Main Street, Fayetteville, TX, 78940 Email: mayor.fayetteville@cvctx.com

Garwood Emergency Medical Services

Veterans Service Coordinator – Jesse Lednicky

Phone: 979-968-5254 Address: 275 Ellinger Rd., La Grange, TX 78945 Email: jesse.lednicky@co.fayette.tx.us_

Veterans Service Coordinator – La Grange

Veterans Services Veterans Service Officer: Jesse Lednicky Website: <u>https://www.co.fayette.tx.us/page/fayette.Veterans</u> Address: 275 Ellinger Rd. La Grange, TX 78945 Office Phone: (979) 968-5254 The Veteran's Service Officer is an advocate for all claim's by Veteran's, Widow's of veterans, and children of veterans, for claim's submitted to the Department of Veterans Affairs. They see veterans in their office, in

of veteral s bervice officer is an advocate for an etail s by veteral s, whow s of veterals, and emitted of veterans, for claim's submitted to the Department of Veterans Affairs. They see veterans in their office, in other towns, in hospitals, in jail, and in nursing homes. A successful Service Officer must be a person of vision and ambition; a diplomat. They must work all day, take phone calls at night, and be on the job early the next morning. They must be able to please all service organizations, auxiliaries, etc. They must be a Democrat and a Republican. They must be a model spouse, parent, a good provider, politician, and a good office manager and correspondent. They must attend all meetings, and in their spare time learn the laws of the Department of Veterans Affairs, and see they are properly applied.

Dental - Sliding Fee

Tejas Health Clinic – La Grange

At Tejas Health Care we provide quality medical, dental and behavioral health care services to our patients. All are delivered in the context of family, culture, and community, which focuses on the needs of our patients.MEDICAL – DENTAL – BEHAVIORAL HEALTH SERVICES website: https://tejashealthcare.org/ La Grange — Medical, Dental, & Behavioral Health Office 890 E. Travis Street Clinic Hours: La Grange, TX 78945 Map Mon 8a-5p Tue 8a-5p Wed 8a-5pPhone: 1-844-835-2748 Thu 8a-5p Fri 8a-5p Sat 8a-12p (1st and 3rd) Fax: 979-968-2001

Giddings — Medical, Dental, Behavioral Health, & WIC Office	
185 Decker Dr.	Clinic Hours:
Giddings, TX 78942 Map	Mon – Fri: 8 am – 5 pm
1-844-835-2748	WIC Hours:
979-542-1500 fax	Tues and Wed: 7am – 4:30pm
979-542-1651 WIC	2^{nd} Tues on the Month: $7a - 7p$
2 nd and 4 th Fri: 7a -12p	

Developmental Challenges

Hatch Learning Habitat Loueva Hatfield, Founder & Director

Website Link: http://www.hatchlearning.com/

Keywords: Autism, Spectrum, Head Injuries, Treatment, Counseling, Assessment, Learning Disabilities, Learning Challenges, School Problems, Aspergers, Austism, School Difficulties Location:

WEIMAR LOCATION 506 S. Eagle St. Weimar, Tx. 78962 ; Phone: ?979-314-7229

VICTORIA LOCATION 4208 Retama Circle Victoria, Tx. 77901; Victoria 361-578-2257 Ext 6

Website Link: <u>http://www.hatchlearning.com/</u> Phone: Victoria 361-578-2257 Ext 6

Disability

1st Texas Home Health

Name: 1st Texas Home Health

Address: East Main St. Weimar, TX 78962

Tel 917: 9797256647

Website: https://www.care.com/b/l/1st-texas-home-health/weimar-tx

Services Provided: Home Health Care

Population Served: disabled and seniors

Search Words: home health, seniors, disabled, home care

Disability Rights of Texas

https://www.disabilityrightstx.org

Keywords: disability assistance, disability support

Disaster Relief

Disaster Relief

Website: https://www.disasterassistance.gov/ Phone: 1-800-621-3362 Keywords: disaster relief, disaster assistance, emergency management

Domestic Violence

Domestic Violence Hotline

Website: https://www.thehotline.org/ Facebook: https://www.facebook.com/NationalDomesticViolenceHotline/ Phone: 737-225-3150 Alternate Phone: 1-800-799-7233 Keywords: domestic violence, live help, advice, referrals, crisis, family support, battered women, rape, sexual assualt, incest, children, free

Family Crisis Center – Domestic Violence Colorado & Fayette Counties

Agency office hours are:

Main office, Bastrop - Monday-Friday, 9 am to 5 pm

Satellite offices in LaGrange, Giddings, and Columbus offer services by appointment by calling 512-303-7755 or 888-311-7755

Hotline 512-303-7755 or 888-311-7755 answered 24/7

National Domestic Violence Hotline

Website: https://www.thehotline.org/ Facebook: https://www.facebook.com/NationalDomesticViolenceHotline/ Phone: 737-225-3150 Alternate Phone: 1-800-799-7233 Keywords: family violence, couples, poverty, witness, no self-worth, attitudes, sex orientations

Drug and Alcohol Addiction

Alcoholics Anonymous

Website: <u>https://www.aa.org/</u> Phone:212-870-3400 Keywords: alcohoics, abuse, rehab, recovery, support, counseling

Celebrate Recovery

Website: <u>https://www.celebraterecovery.com/"</u> Facebook: <u>https://www.facebook.com/celebraterecovery/</u> Keywords: recovery, church, ministry, halfway house

Drug Rehab Connections

Website: <u>https://www.drugrehabconnections.com/</u> Phone: 1-888-307-7010 Keywords: treatment, drugs, alcohol, treatment, inpatient, outpatient, Detoxification, Rehab

Laurel Ridge Rehab – San Antonio – Mental Illness & Addiction Treatment

Website: https://laurelridgetc.com/ Facebook: https://www.facebook.com/LaurelRidgeTreatmentCenter/ Phone: 210-491-9400 San Antonio Keywords:mental health, advise, advocacy, sober, withdrawal, habits, homeless, alcoholism, addiction, Inpatient Treatment, Partial Hospitalization, Telehealth, Intensive Outpatient, Residential Treatment, Electro-Convulsive Therapy, ECT

Memorial Hermann Prevention & Recovery Center

Website: <u>https://www.memorialhermann.org/services/specialties/parc</u> Facebook: <u>https://www.facebook.com/MemorialHermannPaRC/</u> Phone: 713-939-7272 Keywords: prevention, recovery, professional, mental, abuse

SAMHSA – Online Resources

Website: <u>https://www.samhsa.gov/</u> Facebook: <u>https://www.facebook.com/samhsa</u> Phone: 1-800-662-4357 Keywords: Substance, Abuse, Mental Health, behavioral, communities.

Texas A&M AgriLife – Watch Your Back

Website: <u>Facebook: https://www.facebook.com/watchurbac</u> Phone: 979-321-5224 Keywords: DWI prevention, Marijuana, prevention, advise, alcohol and drug awareness education

Victory Family Recovery Center

Website: <u>https://victoryfamilycenter.org/</u> Facebook: <u>https://www.facebook.com/Victoryfamilycenter.org</u> Phone: 713 699-4357 Keywords: Recovery, acceptance,faith based

Eating Disorder

National Association of Anorexia Nervosa and Associated Disorders – ANAD

Website: <u>https://anad.org/</u> Facebook: <u>https://www.facebook.com/ANADHelp</u> Phone: 312-262-6897 Alternate Phone: 1-888-375-7767 Keywords: anorexia, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

National Eating Disorders Association

Website: https://www.nationaleatingdisorders.org/ Facebook: https://www.facebook.com/NationalEatingDisordersAssociation Phone: 212-575-6200 Alternate Phone: 1-800-931-2237 Keywords: anorexia, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Overeaters Anonymous

Website: <u>https://oa.org/</u> Facebook: <u>https://www.facebook.com/overeatersanonymousofficial</u> Phone: 505-891-2664 Keywords: Overeaters, anxiety, depression, mental health, mental illness, counseling, worry, social anxiety, addiction, Eating Disorders, support groups, coping, referral, Anorexia, Bulimia

Elder Day Treatment

Rice Medical Center – Lighthouse – Adult Day Care & Alzheimer's

Address: 610 South Austin Rd. Eagle Lake, TX 77434 Email: <u>info@ricemedicalcenter.net</u> Website: <u>https://ricemedicalcenter.net/</u> Contact Person: Denise Sklar Title Position: Assessment Coordinator Email: dsklar@ricemedicalcenter.net Telephone: 979-232-7095 Website: Rice Medical Center Services Provided: Geriatric Behavioral Health Population Served: Geriatric Fee-Payment: Medicare Phone: 979-234-5571 Keywords: senior, geriatric, aging, senior mental health needs, Alzheimer's, Dementia

Electric Bill

Combined Community Action – Utility Bills/Electric

https://www.ccaction.com/community-action/ceap

For more information contact:

Gloria Macias- 979-540-2988 or

Cathy Raiford- 979-540-3001

Assistance is dependent upon CCA having available funds.

The Comprehensive Energy Assistance Program (CEAP) is a utility assistance program. CEAP is designed to assist low income households in meeting energy needs, and to encourage consumers to control energy through energy education.

There are two components to CEAP:

Crisis Assistance: Crisis Assistance Component: Aids with utility bills when households have lost service or are in danger of losing service and meet one of three conditions which include:

1. Extreme Weather Conditions. Extreme Weather Conditions are only applicable during the Summer months of June, July, August and September and Winter months of November, December, January

and February.

- 2. President or Governor declared disaster or
- 3. Life-Threatening crisis.

Utility Assistance: Provides eligible individuals and households with utility assistance.

The eligibility requirements are as follows:

- 1. Must be a resident of Bastrop, Fayette, Fort Bend, Lee, Colorado or Austin County
- 2. Must meet the U.S. Department of Health and Human Services Income Guidelines for the current year.
- 3. Must show proof of identity for all household members current/valid Texas Driver's License, Texas ID, U.S. Passport, U.S. Military ID or U.S. Permanent Resident Card
- Must provide proof of Citizenship or legal residency for all household members U.S. Passport, U.S. Birth Certificate, U.S. Permanent Resident Card. ***If at least 1 member of the household is a US Citizen or Legal Permanent Resident assistance may still be provided.
- 5. Must provide proof of income for the past 30 days for all household members 18 years of age and older such as employer gross wages, Social Security, Unemployment, TANF, Child Support, Adoption Subsidies, Retirement, V.A. Disability, etc.)
- 6. Additional documentation will be required at the time of the appointment.

Emergency Management - Disaster Relief

Colorado County Office of Emergency Management

Emergency Management Coordinator Charles Rogers http://www.co.colorado.tx.us/page/colorado.Emergency

305 Radio Lane, Room 103 Columbus, Texas 78934 Phone: (979) 733-0184 Fax: (979) 733-0274

Email: <u>cctxoem@co.colorado.tx.us</u> Keywords: emergency, emergencies, disasters, disaster relief

Fayette County Emergency Management Coordinator- Chief Craig Moreau

Phone: (979) 968-6469 Address: 151 N Washington St., Room 304, La Grange, TX, 78945

https://www.co.fayette.tx.us/page/fayette.Emergency.Mgmt

Email: craig.moreau@co.fayette.tx.us

Keywords: emergency, emergencies, disasters, disaster relief, crisis

FEMA.gov – Federal Emergency Management Services

Website: <u>https://www.fema.gov/</u>

Phone: 1-800-621-3362 Address: P.O. Box 10055 Hyattsville, MD 20782-8055 Email: <u>AskIA@fema.dhs.gov</u> Facebook: <u>https://www.facebook.com/FEMA/?ref=bookmarks</u>

Texans Recovering Together

Website: https://www.hotrmhmr.org/services/texans-recovering-together Phone: 1-866-752-3451 Address: 110 S. 12th St. Waco, Texas 76703 Email: Facebook: https://www.facebook.com/hotrmhmr/

Employment Assistance

Workforce Solutions

Address: 104 Shult Dr # B. Columbus, TX 78934 Email: <u>info@wfsolutions.org</u> Website: <u>https://www.wrksolutions.com/</u> Facebook: <u>https://www.facebook.com/WFSolutions/</u>

LaPorchia Miller, Supervisor laporchia.miller@wrksolutions.com

www.wrksolutions.com Facebook Instagram LinkedIn Twitter YouTube

a proud partner of the American Job Center network

Phone: 979-732-3299 Keywords: Careers, Work, Job Training, unemployed, unemployment, Employer Assistance, Employee help, Employee assistance, scholarships, training scholarships, school scholarships, free child care

Family

Cen-Tex Family Services – Bastrop

Website: <u>http://www.ctfhs.org/home.aspx</u> Phone: 979-968-6488 Address: 2402 Main Street, Bastrop, Texas 78602

Compassion Works, Jason Drake, LCSW-S, BCN

Services: Licensed Clinical Social Worker providing counseling, psychotherapy, and Neurofeedback (brain mapping). Includes depression, anxiety, panic attacks, school phobia, and social anxiety. Certified in EMDR and Neurofeedback for trauma resolution and PTSD. Works with teens, families and adults.

Keywords: counseling, teens, family, Neurofeedback, depression, anxiety, school problems

Website: https://compassionworks.com/consultant/jason-drake-lcsw-s-bcn/

Phone: 281-519-6364

Address: 23410 Grand Reserve Dr., Katy, TX 77494

Stanzel family foundation – Melanie S. Ramirez

Website: https://www.stanzelfamilyfoundation.org/ Phone: 979-743-9119 Address: 311 Baumgarten St, Schulenburg, TX 78956 Email: melanie@stanzelmuseum.org Facebook: https://www.facebook.com/StanzelFamilyFoundation

Family/Youth/Children Services

Boys & Girls Clubs of Champion Valley – Colorado & Fayette Counties

https://bgcchampvalley.org/

Phone: (979) 725-8208

Abigail Torres-Janak, Executive Director

1 Club – 3 Sites: Columbus, Weimar, Schulenburg

Keywords: after school program, summer program, children services, teens, children, childcare, enrichment

Office Hours: 8am – 5pm, Monday – Friday

Club Hours: 3pm - 7pm, Monday - Friday (School Session)

8am - 5pm, Monday - Friday (Summer Session) Saturday - Sunday: Closed

What We Do — Five Core Program Areas:

- Education & Career Development
 - Club members create aspirations for the future providing opportunities for career exploration and educational enhancement.
- Character & Leadership Development
 - Helping our youth become responsible, caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs.
- Health & Life Skills
 - These initiatives develop young people's capacity to engage in positive behaviors that nurtures

their own well-being.

- The Arts
 - Programs in this core area enable youth to develop their creativity and cultural awareness.
- Sports, Fitness & Recreation
 - These Club programs help develop fitness, a positive use of leisure time, reductions of stress, appreciation of the environment, and social and interpersonal skills.

Compassion Works, Jason Drake, LCSW-S, BCN

Services: Licensed Clinical Social Worker providing counseling, psychotherapy, and Neurofeedback (brain mapping). Includes depression, anxiety, panic attacks, school phobia, and social anxiety. Certified in EMDR and Neurofeedback for trauma resolution and PTSD. Works with teens, families and adults.

Keywords: counseling, teens, family, Neurofeedback, depression, anxiety, school problems

Website: https://compassionworks.com/consultant/jason-drake-lcsw-s-bcn/

Phone: 281-519-6364

Address: 23410 Grand Reserve Dr., Katy, TX 77494

Family & Protective Services Report Abuse -All Ages

Address: 1220 Bowie St, Columbus, TX 78934

Website: https://www.dfps.state.tx.us/ Facebook: https://www.facebook.com/TexasDFPS

Phone: 979-733-8827 Keywords: Child Abuse, Elder Abuse, Abandoned Children, Malnourished Children, Malnourished Elders, Mistreatment, Neglected

Family & Protective Services – Columbus

Website: https://www.dfps.state.tx.us/ Phone: 979-733-8827 Address: 1220 Bowie St, Columbus, TX 78934 Email: Facebook: https://www.facebook.com/TexasDFPS

PALS Physical and Academic Learning Services

Address: 1370 Frelsburg Rd, Alleyton, TX 78935

Website: https://www.palsotclinic.com/

Website Link: https://www.palsotclinic.com/

Phone: 979-732-7021 Keywords: Academic Assistance, Learning Differences, Developmental Challenges, Educational Difficulties, Education, Children, Training Location: 1370 Frelsburg Road, Alleyton, TX 78935

Parents as Teachers – P.A.T.

Address: 105 N. Grohmann St. Weimar, TX 78962

Email: customerservice@parentsasteachers.org

Website: https://parentsasteachers.org/

Facebook: https://www.facebook.com/ParentsAsTeachers/

Phone: 979-725-9832

Keywords: early childhood development, support, training, parenting, child rearing, peer to peer, parent education, healthy babies, toddlers

Parents as Teachers builds strong communities, thriving families and children who are healthy, safe and ready to learn by matching parents and caregivers with trained professionals who make regular personal home visits during a child's earliest years in life, from prenatal through kindergarten.

Second Family Ministry

Phone: 979-530-8368

Texana Mental Health Authority – Columbus Behavioral Health Clinic Kim Pore', Manager

Address: 1460 Walnut St. Columbus, TX 78934 Email: <u>info@texanacenter.com</u> Website: <u>https://www.texanacenter.com/</u> Facebook: <u>https://www.facebook.com/TexanaCenter</u>

Phone: 979-732-6204 Keywords: Mental Illness, Mental Disorders, Crisis, Crisis Counseling, Depression, Anxiety, BiPolar, Schizophrenic, Uninsured, Low-Income, Assessment, Referral Location: 1460 Walnut Street Columbus, Texas

Turtle Wing Foundation

Address: 723 Upton St. Schulenburg, TX 78956 Email: <u>info@turtlewingfoundation.org</u> Website: <u>https://www.turtlewingfoundation.org/</u> Facebook: https://www.facebook.com/turtlewingfoundation/

Phone: 979-505-5090

WIC

Address: 539 Spring Street, Columbus, TX 78934 Email: <u>WICGeneral@hhsc.state.tx.us</u> Website: <u>https://texaswic.org/</u> Facebook: https://www.facebook.com/CentralTexasWIC

Phone: 979-732-6635 Keywords: Benefits for pregnant women, Infants, New mothers, Family nutrition classes.

Youth and Family Services of Texas Twyla Dodson, LCDC – Program DIrector

Address: 514 Washington St. Columbus, TX 78934 Email: star@ccyfs.org Website: https://www.ccyfs.org/

Website Link: https://www.ccyfs.org/
Phone: 979-732-8355
Crisis Hotline: 1-866-301-9498
Keywords: Family Strengthening, Parenting, Communication, Discipline, Behavioral Problems; Classes,
Group Meetings, Assessment & Referral, Children, Teens, Youth, Support Sessions, Peer Groups,
Workshops
Location: YFS MAIN OFFICE – Colorado County 514 Washington Street Columbus, Texas 78934 Fayette
County 75 S. Ellinger Road The Meadows Building
LaGrange, TX 78945 Austin County 330 Main Suite 1A
The Sealy Professional Building Sealy, TX 77474

Fayetteville Independent School District

Fayetteville Independent School District

Website: https://www.fayettevilleisd.net/ Phone: 979-378-4242 Address: 618 N. Rusk, Fayetteville, TX 78940

Fire Departments

Columbus Fire Department – Chief Doyle "Dusty" Dittmar

Website: http://www.columbustexas.net/default.aspx?name=city.fire_home Phone: 979-732-2366 Address: 602 Spring Street, Columbus, TX 78934 Email: <u>firemarshal@columbustexas.net</u> Facebook: <u>https://www.facebook.com/columbusfiremarshal</u>

Eagle Lake Vol Fire Department – Chief Darrell Stancik

Website: Fire | Eagle Lake TX (coeltx.net) Phone: <u>979-234-2450</u> Address: 100 East Main Eagle Lake, TX 77434 Email: <u>eaglelakevfd@gmail.com</u> Facebook: <u>https://www.facebook.com/Eagle-Lake-Volunteer-Fire-Department-113153820606071/</u>

Frelsburg Fire Department

Address: 2319 Farm to Market Rd 1291, New Ulm, TX 78950 Phone: 979-732-2999 Email: <u>frelsburg.vfd@gmail.com</u> Facebook: https://www.facebook.com/FrelsburgVFD

Garwood Fire Department

Address: 311 Arthur St. Garwood, TX 77442 Phone: 979-332-1490 Facebook: https://www.facebook.com/Garwood-Volunteer-Fire-Department-245358352544864

La Grange Fire Chief- John Brang

Phone: (979) 968-5856 Address: 151 N Washington St., La Grange, TX, 78945 Email: <u>keith.korenek@co.fayette.tx.us</u>

Oak Ridge Fire Department – Weimar

Address: 1904A Oakridge Rd. Weimar, TX 78962 Phone: 940-736-4214 Email: <u>oakridgefiredepartment@gmail.com</u> Facebook: https://www.facebook.com/OakridgeVolunteerFireDepartment

Oakland Fire Department – Weimar

Address: 1022 Washington St. Weimar, TX 78962 Phone: 979-263-5959 Email: oaklandfirefest@hotmail.com

Rock Island Fire Department

Address: 2710 Niles St. Rock Island, TX 77470 Phone: 979-234-5486 Facebook: https://www.facebook.com/Rock-Island-Volunteer-Fire-Department-140239149902032/

Sheridan Fire Departement

Address: 5925 S. Logan Park Dr. Sheridan, TX 77475 Email: <u>sheridanvolunteerfiredept@yahoo.com</u> Facebook: https://www.facebook.com/Sheridanfiredept/

Weimar Fire Department – Chief David Brandt

Website: <u>https://weimartexas.org/departments/fire-department/</u> Phone: 979-725-8400 Address: 210 E. Main St. Weimar, TX 78962 Email: <u>weimarvfd@live.com</u> Facebook: <u>https://www.facebook.com/weimarvfd</u>

Food

Celebration House Food Pantry – Fayetteville (Evelyn Miller is contact person- her cell # is listed)

Phone: (979) 378-2239 Address: 1022 Kramr Rd, Fayetteville, TX 78940

Cen-Tex Family Services Inc

Phone: (979) 968-6488 Address: 205 S Franklin St, La Grange, TX 78945

Website: Cen -Tex Family Service (ctfhs.org)

La Grange Training Center: 879 Mode Lane La Grange, TX 78945; phone: 979-968-6488

La Grange Child Development Center/Head Start and Early Head Start La Grange ISD address: 708 E Travis La Grange, TX 78945 Smithville Child Development Center: 308 Southwest Fourth St Smithville, TX 78957; phone: 512-237-4449

Fayetteville Brethren Church

Website: <u>https://www.stjohnfayetteville.com/</u> Phone: 979-378-2277 Address: 209 E Bell St., Fayetteville, TX 78940

First Presbyterian Church – Schulenburg

Website: <u>The Schulenburg Area Food Pantry (schulenburgfoodpantry.com)</u> Phone: 979-743-5908 Address: 304 East Ave., P.O. Box 146, Schulenburg, Texas 78956

Food Distribution Center – Area Ministries for Emergency Needs (AMEN)

Website: Programs by Area Ministries for Emergency Needs (A.M.E.N.) | findhelp.org

Phone: (979) 968-6488 Address: 891 Mode Ln, La Grange, TX 78945

Giddings Food Pantry

Website: https://www.centraltexasfoodbank.org/location/amen-la-grange Phone: (979) 968-3943 Address: 851 S. Reynolds, La Grange, TX 78945

St. John's Catholic Church – Giddings

Phone: (979) 540-6310 Address: 190 N Harris St, Giddings, TX 78942

Keywords: Food Assistance

St. John's Episcopal Church- Columbus

Address: 915 Travis St. Columbus, TX 78934

Website: <u>http://www.stjohnscolumbustx.org/</u> Facebook: <u>https://www.facebook.com/SaintJohnColumbus</u>

Email: stjohnsepiscopalctx@gmail.com

Phone: 979-732-2590 Keywords: food pantry, food assistance

Food Pantries/Food Assistance

Columbus Food Pantry – Rachel Clem, President

Address: 419 Washington, Columbus, TX 78934 Email: columbusfoodpantry@gmail.com Website: https://www.fumccolumbustx.com/ Facebook: https://www.facebook.com/nobodyhungry

Phone: 979-500-4292 Keywords: food pantry, food assistance

Eagle Lake Food Pantry - Charles Abel

Address: 527 N. Lake Street, Eagle Lake, Texas 77434 Email: charlesabel1948@sbcglobal.net Website: http://www.firsteaglelake.com/ Facebook: https://www.facebook.com/firsteaglelaketx

Phone: 979-234-2571 Keywords: food pantry, food assistance

First Baptist Church – Sheridan

Address: 5801 Main St. Sheridan, TX 77475 Email: firstbaptistchurchsheridantx@gmail.com Website: https://www.facebook.com/firstbaptistchurchsheridantx/

Phone: 832-768-7022 Keywords: food pantry, food assistance

First Baptist Church of Eagle Lake

Address: 527 N. Lake St. Eagle Lake, TX 77434 Email: <u>admin@firsteaglelake.com</u> Website: <u>https://www.firsteaglelake.com/</u> Facebook: https://www.facebook.com/firsteaglelaketx/

Phone: 979-234-2571 Keywords: food pantry, food assistance

First United Methodist Church- Columbus

Address: 419 Washington St. Columbus, TX 78934 Email: <u>fumctx@gmail.com</u> Website: https://www.fumccolumbustx.com/ Facebook: https://www.facebook.com/wix

Phone: 979-732-2643 Keywords: food pantry, food assistance

Meals on Wheels - Colorado County -Jane Booker Headsite Manager

Address: Mansfield Building, 930 Travis Street, Columbus, TX 78934

Columbus website: Meals on Wheels – Columbus Chamber of Commerce (columbustexas.org)

Website: <u>https://www.mealsonwheelsamerica.org/</u> Facebook: <u>https://www.facebook.com/MealsonWheelsAmerica</u>

Phone: 979-533-4105 Keywords: food pantry, food assistance

Ministerial Alliance of Columbus

Address: 1700 Milam St. Columbus, TX 78934

Phone: 979-732-6262 Keywords: food pantry, food assistance

St. John's Episcopal Church- Columbus

Address: 915 Travis St. Columbus, TX 78934

Website: <u>http://www.stjohnscolumbustx.org/</u> Facebook: <u>https://www.facebook.com/SaintJohnColumbus</u>

Email: stjohnsepiscopalctx@gmail.com

Phone: 979-732-2590 Keywords: food pantry, food assistance

United Methodist Church, Eagle Lake

Address: 200 W. Prairie, Eagle Lake, TX 77434 Email: <u>umceaglelake@sbcglobal.net</u> Website: <u>https://www.umc.org/</u> Facebook: https://www.facebook.com/eaglelakeumc

Phone: 979-234-3288 Keywords: food pantry, food assistance

General Mental Health Resources

Brain & Behavior Research Foundation

Website: <u>https://www.bbrfoundation.org/</u>
Facebook: <u>https://www.facebook.com/bbrfoundation</u>
Phone: 646-681-4888
Alternate Phone: 1-800-829-8289
Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD,
Schizophrenia, suicide prevention, support groups, coping, referral

Mental Health America – Online Information, Resources

Website: https://www.mhanational.org/ Facebook: https://www.facebook.com/mentalhealthamerica Phone: 703-684-7722 Alternate Phone: 1-800-969-6642 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, Bipolar Disorder, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

National Alliance on Mental Illness

Website: https://www.nami.org/ Facebook: https://www.facebook.com/NAMI Phone: 703-524-7600 Alternate Phone:1-800-950-NAMI Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

National Council for Behavioral Health

Website: https://www.thenationalcouncil.org/ Facebook: https://www.facebook.com/TheNationalCouncil Phone: 202-684-7457 Keywords: Information, Training, Leadership Training, Resources, behavior, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

National Empowerment Center

Website: <u>https://power2u.org/</u> Facebook: <u>https://www.facebook.com/natlempowerment</u> Phone: 1-800-769-3728 Keywords: recover from mental illness, resources, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

National Institute of Mental Health

Website: <u>https://www.nimh.nih.gov/index.shtml</u> Facebook: <u>https://www.facebook.com/nimhgov</u> Phone: 1-866-615-6464 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral, disability

National Institute of Mental Health – NIMH

Website: <u>https://www.nimh.nih.gov/index.shtml</u> Facebook: <u>https://www.facebook.com/nimhgov</u> Phone: 1-866-615-6464

Keywords: anorexia, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

President's New Freedom Commission on Mental Health

Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

World Health Organization – Disability from Mental Illness

Website: <u>https://www.who.int/</u> Facebook: <u>https://www.facebook.com/WHO</u> Phone: 202-974-3000 Keywords: adolescent, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Health Care at Reduced Rate

Department of Aging – Medicaid

Website: https://hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-center Facebook: https://www.facebook.com/TexasHHSC/ Phone: 1-855-937-2372 Keywords: programs, Aging, medicaid, Disability

Medicare Assistance – Get Help Paying Costs

Website: https://www.medicare.gov/your-medicare-costs/get-help-paying-costs Facebook: https://www.facebook.com/medicare Phone: 1-800-633-4227 Keywords: medical costs, limited income, RX, enrollment, benefits, plans

Texas Benefit Center

Website: https://www.yourtexasbenefits.com/Learn/Home Facebook: https://www.facebook.com/TexasHHSC/ Phone: 512-424-6500 Keywords: SNAP, Benefits, MEDICAID, food, support, Prescreening

The Rose – Mammograms

Website: <u>https://www.therose.org/</u> Facebook: <u>https://www.facebook.com/TheRoseBreastHealth</u> Phone: 281-484-4708 Keywords: referrals, breast, exam, screening,diagnostics,women, treatment,detection , cancer, mammogram, onsite, doctors.

UTMB Health

Website: <u>https://www.utmbhealth.com/</u> Facebook: <u>https://www.facebook.com/UTMB.edu</u> Phone: 409-772-1011 Keywords: health resouce, referral, innovative care, advanced treatment

Vibrance Health

Website: Vibrance Health | A Texas Community Health Center (vibrancetx.org)

Phone: 979-245-2008 Keywords: behavioral health, medical vision, dental, insurance, medicare, medicaid, no insurance, serves all in need, indigent

101 Ave. F. North Bay City TX 77414 979-245-2008

This health center is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

This health center receives HHS funding and holds a FTCA deemed facility status with respect to certain

health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

Health Center programs assure that no patient will be denied or unable to access health care services due to an individual's inability to pay for services and assure that any fees or payments required by the center will be reduced to enable the center to fulfill this goal.

Health Scholarships

Scholarships for Health Professionals

Address: 311 Baumgarten St, Schulenburg, TX 78956 Email: melanie@stanzelmuseum.org Website: <u>https://www.stanzelfamilyfoundation.org/</u> Facebook: <u>https://www.facebook.com/StanzelFamilyFoundation</u>

Phone: 979-743-9119 Keywords: scholarships, health field scholarships, grants, educational opportunities

Hearing & Vision Services

Captel – Captioned Telephone

Website: http://www.captel.com/Texas/

Keywords: hearing loss, telephone, captioned telephone

(800) 233-9130 Order a Phone

Questions about CapTel service, please contact:

Olivia V. Dominguez Customer Relationship Manager Email: <u>olivia.dominguez@t-mobile.com</u> 512-354-7002 (Voice)

Third Party Certification of Hearing Loss

People who cannot hear over the phone may be eligible to receive an Internet-based CapTel phone at no cost with a signed certification of hearing loss from their audiologist or doctor.

CAPTEL — Free Visual Phones for Hearing Impaired

Address: National Program - Contact on website U.S. Mail: 450 Science Drive, Madison, WI 53711

Website: http://www.captel.com/

Website Link: <u>https://www.captel.com/</u> Phone: 1 (800) 233-9130 1-866-670-9134 (Español) Keywords: Captioned Phone, hearing loss, hard of hearing, phones, hearing impaired, FREE

Columbus Eye Associates

Address: 100 Sweetbriar Dr. Columbus, TX 78934 Plus: LaGrange, Sealy & Houston

Website: https://columbuseye.org/ Facebook: https://www.facebook.com/pages/Columbus-Eye-Associates/169779549705367 Website Link: https://columbuseye.org/ Phone: Columbus 979-732-5771 Houston 281-829-3937 La Grange 979-968-3953 Sealy 979-885-0665

Keywords: eye problems, eye disorders, eye surgery, glacoma, cataract surgery, vision testing, retina Location: 100 Sweetbriar Drive Columbus LaGrange Sealy & Houston

Columbus Eye Clinic

Website: https://columbuseye.org/ Phone: 979-732-5771 Address: 100 Sweetbriar Dr. Columbus, TX 78934 Facebook: https://www.facebook.com/pages/Columbus-Eye-Associates/169779549705367

Keywords: clinic, clinics, eyes, vision, visual, cataract, eye surgery, eye exam

New Sound Hearing Center – Columbus

Address: 1515A Fannin St. Columbus, TX 78934 Email: <u>info@newsoundcolumbus.com</u> Website: <u>https://www.newsoundcolumbus.com/</u> Facebook: <u>https://www.facebook.com/NewSoundHearingColumbus</u>

Phone: 979-401-2968 Keywords: hearing loss, hearing aid, hearing tests

Help Lines

American Psychiatric Association Answer Center

Website: https://www.psychiatry.org/ Facebook: https://www.facebook.com/AmericanPsychiatricAssociation Phone: 202-559-3900 Keywords: psychiatric, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

American Psychological Association of Public Education Line

Website: <u>https://www.apa.org/topics/education</u>
Facebook: <u>https://www.facebook.com/AmericanPsychologicalAssociation</u>
Phone: 202-336-5500
Alternate Phone: 1-800-374-2721
Keywords: psychological, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Smoking Cessation Centers

Website: http://quitasist.com Facebook: http://quitasist.com Phone: 1-800-784-8669 Keywords: smoking cessation, cancer, lung disease, pulmonary, COPD, advice, referrals, live help, chat, Chinese, English, Korean, Vietnamese, Spanish, recovery

Home Health Care

Compassionate Provider Services of Texas – La Grange

Phone: 979-968-5400 Address: 252 N Washington, La Grange, TX 78945

Facebook: https://www.facebook.com/Compassionate-Provider-Services-of-Texas-523650577697887/

*Compassionate Care: This service includes assistance with dressing, bathing, meal preparation, light housekeeping, laundry, as well as conversation and companionship. This service requires a minimum of 4 hours per visit.

*Compassionate Medication Reminder Service: This service provides telephone calls to clients at the times medications are needed, to remind him/her to take the medication.

*Compassionate Call Care: This level of care will give family members peace of mind knowing someone is available to check in on their loved one when they aren't able. Weekly phone calls and semi-monthly visits will help ensure that the client is taking medications properly, eating, and keeping groceries in the home, as well as maintaining a safe and healthy home environment.

*Compassionate 24 hour care: Around the clock service for those needing constant care.

Elara Caring

Website: <u>https://www.kindredathome.com/</u> Phone: 979-743-2633 Address: 1201 Kessler Ave #206, Schulenburg, TX 78956

Helping Hearts

Address: 405 B. North Texana Hallettsville, TX 77964 Email: info@helpingheartssitterservice.com Website: https://www.helpingheartssitterservice.com/ Facebook: https://www.facebook.com/helpingheartsgrow

Phone: 361-798-9400 Keywords: Home health care, home nurse, sitter services

Hill Country Home Health

Website: http://1sttexashh.com/ Phone: 979-702-0401 Address: 145 W. Travis St. Suite #104, La Grange, Texas 78946?" target="_blank">http://1sttexashh.com/ Phone: 979-702-0401

Hill Country Home Health – LaGrange

Website: http://1sttexashh.com/ Phone: 979-702-0401 Address: 145 W. Travis St. Suite #104, La Grange, Texas 78946 Phone: 979-702-0401

Kindred at Home

Phone: 979-968-1500 Address: 1495 TX-71 BUS, La Grange, TX 78945

Life Changes – Home Staffing Solutions

Address: 112 S. Front St. Bellville, TX 77418 Email: kamifalk@gmail.com Website: https://www.lifechangescares.com/ Facebook: https://www.facebook.com/lifechangeshomecare/

Phone: 979-877-5175 Keywords: Home health care, home nurse, sitter services

Regency Home Health

Website: https://www.srnctx.com/regency-home-health.html Phone: 979-743-4663 Address: 80 N Kessler Ave, Schulenburg, TX 78956

Visitng Angels

Address: 704 Church St. A East Bernard, TX 77435 Email: <u>socialmedia@visitingangels.com</u> Website: <u>https://www.visitingangels.com/</u> Facebook: <u>https://www.facebook.com/VisitingAngelsCorporate</u>

Phone: 1-877-618-4748 Keywords: Home health care, home nurse, sitter services

Hospitals

Columbus Community Hospital

Address: 110 Shult Drive, Columbus, Tx 78934 Email: <u>info@columbusch.com</u> Website: <u>http://www.columbusch.com/</u> Facebook: <u>https://www.facebook.com/Columbus-Community-Hospital-591183800979934</u> Website Link: <u>http://www.columbusch.com/</u> Phone: 979-732-2371 Keywords: Labor & Delivery, Labs, Diagnostics, Imaging, PT, OT, Respiratory Therapy, In Patient, Sleep Studies, Surgery, ER, Specialists Location: 110 Shult Drive Columbus, Tx 78934

Oak Bend Medical Center - Fort Bend County & Wharton Hospital & Clinics

Website: https://www.oakbendmedcenter.org/

Facebook: <u>https://www.facebook.com/OakBendMedicalCenter?ref=hl</u> Phone: 281-341-3000 Keywords: medical services, patient care, no wait, outpatient, services, clinic, clinics, medical clinic

OakBend Medical Center – Wharton Hospital Campus

10141 US Hwy 59 Rd Wharton, Texas 77488 Phone: (281) 344-5000

OakBend Medical Center – Jackson Street Hospital Campus

1705 Jackson Street

Richmond, Texas 77469 Phone: (281) 341-3000

OakBend Medical Center – Williams Way Hospital Campus

22003 Southwest Freeway Richmond, Texas 77469 Phone: (281) 341-2000

Rice Medical Center

Website: <u>https://ricemedicalcenter.net/</u> Phone: 979-234-5571 and 979-232-7095 Address: 600 South Austin Rd., Eagle Lake, Tx 77434 Email: <u>info@ricemedicalcenter.net</u> Facebook: <u>https://www.facebook.com/RiceMedicalCenterandAssociates</u>

Keywords: hospital medical clinic, medical appointments, vaccinations, immunizations, doctor appointments, well check, physicals, school physicals, colds, flu, pain management, dermatology, podiatry, cardiology, neurology, orthopedics, psychiatry, pulmonology, urology, infants babies, children, families, teens

Hotlines

Anxiety Hotline 866-294-1159

https://www.mentalhelp.net/anxiety/hotline/

HOTLINE: 866-294-1159

Keywords: Anxiety, nervous, nervousness, jittery, uptight, wound up, depression

Crisis Hotline & Text 988

Crisis response for any mental health or behavioral health crisis.

988 for talk for text 24/7 Counselors available

Keywords: Suicide, depression, anxiety

988lifeline.org

Crisis Text Line 741741

Website: <u>https://www.crisistextline.org/</u> Facebook: <u>https://www.facebook.com/crisistextline</u> Phone: 741741 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Domestic Violence Hotline

Website: https://www.thehotline.org/ Facebook: https://www.facebook.com/NationalDomesticViolenceHotline/ Phone: 737-225-3150 Alternate Phone: 1-800-799-7233 Keywords: domestic violence, live help, advice, referrals, crisis, family support, battered women, rape, sexual assualt, incest, children, free

Domestic Violence HOTLINE

Website: https://www.thehotline.org/ Facebook: https://www.facebook.com/NationalDomesticViolenceHotline/ Phone: 737-225-3150 Alternate Phone: 1-800-799-7233 Keywords: family violence, couples, poverty, witness, no self-worth, attitudes, sex orientations

Hotline Domestic Violence 512-303-7755 Family Crisis Center Colorado & Fayette County

Agency office hours are:

Main office, Bastrop - Monday-Friday, 9 am to 5 pm

Satellite offices in LaGrange, Giddings, and Columbus offer services by appointment by calling 512-303-7755 or 888-311-7755

Hotline 512-303-7755 or 888-311-7755 answered 24/7

NAMI 'Warm Line' – Call for support, encouragement, hope

Address: NAMI Houston — Warmline can help Call (713) 970-4483

Warmline is staffed by peers who have fought depression, anxiety, various other mental health issues including suicidal thoughts. Very supportive – they want to have an ongoing talk relationship with YOU.

Facebook: https://www.facebook.com/NAMIGreaterHouston https://namitexas.org/nami-texas-support-groups/

Phone: WARMLINE can help. Call (713) 970-4483 Keywords: Peer to Peer Support, phone calls; Crisis Intervention, support, talk, get connected, hope, depression, anxiety, suicide, confusion, need to talk

National Cancer Institute Smoking Quitline – Hotline

Website: http://www.cancer.gov/cancertopics/smoking

Facebook: http://www.cancer.gov/cancertopics/smoking Phone: 1-877-448-7848 Keywords: Smoking cessation, cancer, lung disease, pulmonary, COPD, advice, referrals, live help, chat

National Suicide Prevention Lifeline 988

Website: https://suicidepreventionlifeline.org/ Facebook: https://www.facebook.com/800273talk/ Phone: 1-800-273-8255

Keywords: suicide prevention, advice, referrals, self harm, talk, need help, support, hope, encouragement

The Lifeline and 988

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. While some areas may be currently able to connect to the Lifeline by dialing 988, this dialing code will be available to everyone across the United States starting on July 16, 2022.

Red Cross

Website: https://www.redcross.org/ Facebook: https://www.facebook.com/redcross Phone: 202-303-4498 Alternate Phone: 1-800-733-2767 Keywords: disaster relief, disaster assistance, education, classes

Suicide Hotline 800-273-TALK (8255)

Hotline available 24/7; crisis counseling; support; encouragement

800-273-TALK (8255)

The TREVOR Project – TEXT 678678

Website: <u>https://www.thetrevorproject.org/</u> Facebook: <u>https://www.facebook.com/TheTrevorProject</u> Phone: 310-271-8845 Alternate Phone: 1-866-488-7386

TEXT "HELP' 678678 Keywords: LBGTQ youth, support, advice, counseling, referrals, advocacy

Housing Support

Habitat for Humanity - Columbus, Colorado County

Address: 602 Walnut St. Columbus, TX 78934 Email: <u>cchfh96@gmail.com</u> Website: <u>https://www.habitatcoloradocounty.org/</u> Facebook: <u>https://www.facebook.com/groups/121456877925073/</u>

Phone: 979-732-5677 Keywords: Housing support, community, homes, affordable houses

Habitat for Humanity – Fayette County – Kenny Couch, Executive Director

Phone: 979-561-7211 Address: 411 Anderson St. Schulenburg, Texas 78956 Email: execdir@fayettecountyhabitat.org

Indigent Assistance

Indigent Health Care - Colorado County, Jessica Bergfeld

Phone: 979-732-9453 Address: 318 Spring Street, Rm. 111 Columbus, TX 78934

LaGrange Independent School District

LaGrange Elementary School/ Hermes/Intermediate School

Website: <u>https://www.lgisd.net/</u> Phone: 979-968-7000 Address: 560 N. Monroe, LaGrange, TX 78945

LaGrange High School

Website: <u>https://www.lgisd.net/o/lhs</u> Phone: 979-968-4800 Address: 820 S. Vail, La Grange, TX 78945

LaGrange Middle School

Website: <u>https://www.lgisd.net/o/les</u> Phone: 9779-968-4700 Address: 192 S. Vail Street, LaGrange, TX 78945 (631 E. Milan St.? FB)

LBGTQ

The Trevor Project – Online & Text 678678

Website: https://www.thetrevorproject.org/ Facebook: https://www.facebook.com/TheTrevorProject Phone: 310-271-8845 Alternate Phone: 1-866-488-7386

TEXT "HELP' 678678 Keywords: LBGTQ youth, support, advice, counseling, referrals, advocacy

Learning Differences

Pals – Physical and Academic learning

Address: 1370 Frelsburg Rd, Alleyton, TX 78935

Website: https://www.palsotclinic.com/

Phone: 979-732-7021 Keywords: Academic Assistance, Learning Differences, Developmental Challenges, Educational Difficulties, Education, Children, Training Location: 1370 Frelsburg Road, Alleyton, TX 78935

Legal Services - Low/No Cost

Lonestar Legal Aid

Address: 212 South 2nd St. Richmond, TX 75503

Website: <u>http://www.lonestarlegal.org/</u> Facebook: https://www.facebook.com/LoneStarLegalAid

Phone: 713-652-0077 Keywords: Low income legal services, domestic violence, housing assistance

Libraries

Eula and David Wintermann Library

Address: 101 N Walnut Ave. Eagle Lake, TX 77434

Website: <u>https://www.wintermannlib.org/</u> Facebook: https://www.facebook.com/wintermannlibrary

Phone: 979-234-5411 Keywords: Library, local history, book reviews, catalog

Fayette Public Library

Website: <u>http://www.cityoflg.com/library/</u> Phone: (979) 968-3765 Address: 855 S Jefferson St, La Grange, TX 78945

Flatonia Public Library

Phone: (361) 458-2008 Address: 208 E North Main St, Flatonia, TX 78941

Garwood Veteran's Memorial Library

Address: 502 Arthur St. Garwood, TX 77442

Facebook: https://www.facebook.com/GarwoodMemorialLibrary/

Phone: 979-758-3242 Keywords: Library, local history, book reviews, catalog

Nesbitt Memorial Library - Columbus - Susan Chandler, Director & Head Librarian

Address: 529 Washington St. Columbus, TX 78934 Email: <u>library@columbustexas.net</u> Website: <u>https://www.columbustexaslibrary.net/</u> Facebook: <u>https://www.facebook.com/nesbittlibrary</u>

Phone: 979-732-3392 Keywords: Library, local history, book reviews, catalog

Round Top Family Library – I love to read

Website: https://www.ilovetoread.org/ Phone: (979) 249-2700 Address: 206 W Mill St, Round Top, TX 78954

Schulenburg Public Library

Website: https://www.schulenburglibrary.org/ Phone: (979) 743-3345 Address: 310 Simpson St, Schulenburg, TX 78956

Weimar Public Library

Address: 1 Jackson Square Weimar, TX 78962 Email: weimarpubliclibrary@hotmail.com Website: https://www.weimarpubliclibrary.org/ Facebook: https://www.facebook.com/weimarlibrary

Phone: 979-725-6608 Keywords: Library, local history, book reviews, catalog

Medical Clinics - Colorado County

Four Oaks Medical Clinic – A Rural Health Clinic Columbus

Address: 109 Shult Dr # 102, Columbus, TX 78934 Phone: (979) 732-5794 Keywords: Medical Clinic. medical clinic colorado county, clinic, clinics, family medicine, immunizations, exams, adults, teens, children, medication medicaid, medicare, insurance website: https://columbusch.com/four-oaks-medical-clinic/

Rice Medical Center/Hospital – Eagle Lake

Address: 610 South Austin Rd, Eagle Lake, TX 77434 Email: <u>info@ricemedicalcenter.net</u> Website: <u>https://ricemedicalcenter.net/</u> Facebook: <u>https://www.facebook.com/RiceMedicalCenterandAssociates</u> Website Link: <u>https://ricemedicalcenter.net/</u> Phone: 979-234-2551 Keywords: family medicine, immunizations, illness, local doctors, appointment, shots, Telehealth Appointments Location: 600 S Austin Road Eagle Lake

Medical Clinics - Fayette

Flatonia Community Clinic – Medicare & Medicaid

Address: 202 West Main, Fayetteville, TX 78940 Website: https://www.medicarefacilities.com/providers/id-453405/flatonia-community-clinic.html

Phone: (512) 865-3561

113 W South Main Street Flatonia, TX 78941

Flatonia Community Clinic is a Medicare& Medicaid Certified Rural Health Clinic (RHC)

Medical Insurance Assistance

Preventative Care

Website: https://www.healthcare.gov/coverage/preventive-care-benefits/ Facebook: https://www.facebook.com/Healthcare.gov Phone: 1-800-318-2596 Keywords: preventative health services, resources, insurance assistance

Medication Assistance

First United Methodist Church – Debora Shimek, RN – Wesley Nurse

Website: https://www.fumccolumbustx.com/ Phone: 979-732-5275 Address: 419 Washington, Columbus, TX 78934 Email: dshimek@mhm.org Facebook: https://www.facebook.com/First-United-Methodist-Church-120736997939379

Wesley Nurse – Debora Shimek RN

Address: 419 Washington, Columbus, TX 78934 Email: <u>dshimek@mhm.org</u> Website: <u>https://www.fumccolumbustx.com/</u> Facebook: https://www.facebook.com/First-United-Methodist-Church-120736997939379

Phone: 979-732-5275 Keywords: Indigent, Low Income, Homebound, Medication Assistance, Emotional Support, Home visits Location: First United Methodist Church – Columbus

Mental Health

Colorado County Mental Health Deputy

Name: MENTAL HEALTH DEPUTY

Address: COLORADO COUNTY

Contact Person: Deputy Andrew Lopez

Title Position: Mental Health Deputy

Email: <u>Andrew.Lopez@co.colorado.tx.us</u>

Telephone: 281-505-2835

Website: https://www.coloradoso.net/

Services Provided: Crisis Intervention

Population Served: Citizens with mental health crisis

Search Words: Mental Illness Mental Crisis Suicide Threatening Self-harm Deterioration Decompensation Personal Crisis Panic Domestic dispute

Lighthouse Geriatric Mental Health Care Rice Medical Center/Hospital – Eagle Lake

Address: 610 South Austin Rd, Eagle Lake, TX 77434 Email: <u>info@ricemedicalcenter.net</u> Website: <u>https://ricemedicalcenter.net/providers/ https://ricemedicalcenter.net/</u> Facebook: <u>https://www.facebook.com/RiceMedicalCenterandAssociates</u> Website Link: <u>https://ricemedicalcenter.net/</u> Phone: 979-234-2551 Keywords: Geriatric Intensive Outpatient Program, Senior IOP, IOP, anxiety, Depression, Depression and Anxiety, Counseling, OCD, Post-partum Depression, Post-partum, Alzheimer's, dementia, Telehealth Appointments, Psychotherapy, mental illness Location: 600 S Austin Road Eagle Lake

NAMI (National Alliance of Mental Illness – Houston – WarmLine & Resources

Address: NAMI Houston — Warmline can help Call (713) 970-4483

Facebook: https://www.facebook.com/NAMIGreaterHouston https://namitexas.org/nami-texas-support-groups/

Phone: WARMLINE can help. Call (713) 970-4483 Keywords: Peer to Peer Support, phone calls; Crisis Intervention, support, talk, get connected, hope, depression, anxiety, suicide, confusion, need to talk

Oceans Behavioral Hospital Katy

Website: https://oceanshealthcare.com/katy

Facebook: https://www.facebook.com/OceansKaty

Phone: 281-492-8888

Keywords: seniors manage, depression, anxiety, mental illness, suicide, Alzheimer's, dementia, therapies, psychiatric, Military, inpatient, outpatient, partial hospitalization

Services

Oceans Katy provides inpatient and outpatient mental health services in a safe and comfortable environment, with individual and group treatment programs designed to meet the specific needs of adults.

- Inpatient Behavioral Services (Adults 35+, Geriatric 50+)
- Intensive Outpatient Programs (Ages 35+)
- Partial Hospitalization Program: Adults (35+)
- Referrals accepted 24 hours a day, 7 days a week

We accept Medicare, TRICARE and most private insurance

Rice Medical Center Behavioral Health Clinic – Eagle Lake

Phone: 979-234-2551

Keywords: clinic, clinics, medical clinic colorado county, counseling, psychotherapy, mental health, mental illness, counselors

Texana Behavioral Healthcare Clinic at Columbus

Website: https://www.texanacenter.com/ Facebook: https://www.facebook.com/TexanaCenter Phone: 979-732-6204 Keywords: behavioral health, clinic, mental health, intellectual, development, disabilites, treatment, mental illness, clinics

Travis County CMHC – Texas Department of State Health Services

Website: https://cmhc.utexas.edu/ Facebook: https://www.facebook.com/Healthyhorns Phone: 512-776-7111 Keywords: self care, counseling, medicaiton, prevention, outreach

Mental Health Authority - MHA

Bluebonnet Trails Community Services – Serves Fayette Co & Others

Website: <u>https://bbtrails.org/</u> Facebook: <u>https://www.facebook.com/BluebonnetTrailsCommunityServices</u> Phone: 979-968-3711 Alternate Phone: 1-800-841-1255 Keywords: mental illness, emotional disorders, autism, pervasive developmental

Military and Veteran Services

Endeavors.org

Website: <u>https://endeavors.org/</u> Facebook: <u>https://www.facebook.com/Endeavors.org/</u> Phone: 210-431-6466 Keywords: self-help, grow, heal, change, succeed, crisis, vulnerable, military, VA, mental health care, community based services, migrant, PTSD

U.S. Dept. of Veteran Affairs – VA mobile

Website: <u>https://mobile.va.gov/</u> Facebook: <u>https://www.facebook.com/VeteransAffairs</u> Phone: 832-595-7700 Alternate Phone: 1-844-698-2311 WHEN: Sandye Fletcher Keywords: veteran, live help, chat, VA, Military, claims

V.A. claims assistance

Website: https://www.vfw.org/assistance/va-claims-separation-benefits Facebook: https://www.facebook.com/VFWFans Phone: 202-543-2239 WHEN: 1-800-733-8394 Keywords: telehealth, veteran, live help, chat, VA, Military, assistance, claims

OCD

Obsessive-Compulsive Foundation

Website: <u>https://iocdf.org/</u> Facebook: https://www.facebook.com/IOCDF

Phone: 617-973-5801

Keywords: OCD, anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, PTSD,

Schizophrenia, suicide prevention, support groups, coping, referral

Online Resources

Amen Clinics – Online Resources

Address: Online source for information on depression, anxiety, trauma, head injury, ADHD, Bipolar, and other mental health disorders. Some screenings online. Clinics in several states.

Website:<u>https://www.amenclinics.com/</u> Facebook:https://www.facebook.com/AmenClinicsle

Phone: 888-288-9834

Keywords: online resource, mental health disorders, mental illness, mental diagnosis, mental illness, depression, anxiety, disorders, ADHD, Brain injury, bipolar, autism, learning disabilities, learning differences, learning challenges, concussions, panic disorder, oppositional disorder, obsessive compulsive disorder, sleep disorder, suicide, trauma

Texas State Health Department – Online Resources & Information

Address: 514 Washington St. Columbus, TX 78934 Email: <u>dshssocialmedia@dshs.texas.gov</u> Website: <u>https://dshs.texas.gov/</u> Facebook: <u>https://www.facebook.com/TexasDSHS</u>

Phone: 979-732-3662 Keywords: Vaccines, New mother classes, online resources, information, education, medical, behavioral, mental health

Webmd.com

Website: https://www.webmd.com/

Keywords: Online, medical information, health information

Pet Resources

Gardenia E. Janssen Animal Shleter

Address: 240 Svoboda Lane La Grange, TX 78945 Email: <u>info@janssenanimalshelter.org</u> Website: <u>https://www.janssenanimalshelter.org/</u> Facebook: https://www.facebook.com/GJASFayetteCounty/

Phone: 979-966-0021 Keywords: spay, neuter, animal rescue, dog, cat, pets

Lucies Project

Address: 5286 W. 4th St. Sheridan, TX 77475

Facebook: https://www.facebook.com/groups/733021696744925/

Phone: 979-484-2990 Keywords: dogs, dog rescue, dog help, pets, animal rescue

Phone Bill Assistance

Combined Community Action of Giddings

Address: 165 W. Austin St. Giddings, TX 78942

Website: <u>https://www.ccaction.com/</u> Facebook: <u>https://www.facebook.com/ccactioninc</u>

Phone: 979-540-2980

Keywords: Rent assistance, Utilities, Electric, energy assistance program, utility bill assistance, electric bill assistance

Lifeline: Phone & Cell Phone Discounts/Help

Address: apply on line Email: https://www.lifelinesupport.org/how-to-get-lifeline/

LITE-UP Texas Message

Email: https://www.puc.texas.gov/consumer/lowincome/Assistance.aspx

Phone: 1-866-454-8387

Postpartum Depression

Postpartum Depression – Spanish

HOTLINE 800-844-4773 #1 Espanol TEXT 971-203-7773 Espanol

Website: https://www.postpartum.net/ Facebook: https://www.facebook.com/PostpartumSupportInternational Phone: 503-894-9453 Alternate Phone: 1-800-944-4773 Keywords: postpartum, depression, anxiety, suicide, suicidal thoughts, suicidal ideations

Get Help Call the PSI HelpLine:

<u>1-800-944-4773</u> #1 En Español or #2 English

Text "Help" to 800-944-4773 (EN) Text en Español: 971-203-7773

Postpartum Support International – Hotline

HOTLINE 800-944-4773

Website: <u>https://www.postpartum.net/</u> Facebook: <u>https://www.facebook.com/PostpartumSupportInternational</u> Phone: 503-894-9453

Keywords: postpartum, depression, anxiety, suicide, suicidal thoughts, suicidal ideations

Get Help Call the PSI HelpLine:

<u>1-800-944-4773</u> #1 En Español or #2 English

Text "Help" to 800-944-4773 (EN) Text en Español: 971-203-7773

Postpartum TEXT Line

TEXT 'HELP' 800-944-4773

Website: https://www.postpartum.net/ Facebook: https://www.facebook.com/PostpartumSupportInternational Phone: 503-894-9453 Alternate Phone: 1-800-944-4773 Keywords: postpartum, depression, anxiety, suicide, suicidal thoughts, suicidal ideations

Get Help Call the PSI HelpLine:

<u>1-800-944-4773</u> #1 En Español or #2 English

Text "Help" to 800-944-4773 (EN) Text en Español: 971-203-7773

Pregancy Resources

Bethlehem Maternity Home

Website: <u>https://victoriagabrielproject.org/maternity-home</u> Facebook: <u>https://www.facebook.com/Bethlehem-Maternity-Home-105319320957281</u> Phone:361-541-5695 Keywords: Mother Baby services, Mothers in a Crisis Pregnancy, shelter, Maternity Clothes, infant/baby needs,Mother & Baby Services

Combined Community Action – Pregnancy Services

https://www.ccaction.com/community-action/children-and-pregnant-women-program-cpw

Jo Ann Nelson, L.B.S.W. - 979-540-2993 or 800-688-9065

Keywords: pregnancy, at-risk pregnancy, case management, medicaid

Who can get services?

- Services are provided in the counties of Austin, Bastrop, Caldwell, Colorado, Fayette, Hays, Lee and Washington.
- Are eligible for Medicaid,
- Have or are at-risk for having a health problem that keeps them from doing things that other kids their age do,
- Need help getting services to keep health problems from getting worse, and
- Want Case Management

Women who are pregnant can get Case Management if they:

- -Are eligible for Medicaid,
- -Have a high-risk pregnancy,
- -Need services to prevent more problems with pregnancy, and

-Want Case Management

Gabriel Project of Victoria – Serving Colorado & Surrounding Counties

website: https://victoriagabrielproject.org/

Phone: (361) 576-1156

Keywords: crisis pregnancy, pregnancy, maternity home, support, hope, encouragement, birth, babies

Pregnancy Help Center

Website: <u>https://www.freepregnancytest.com/</u> Facebook: <u>https://www.facebook.com/houstonpregnancyhelp</u> Phone:713-942-2100 Keywords: "FREE Pregnancy Tests, Walk-ins Welcome, Confidential, FREE Non-diagnostic Ultrasound to

Qualifying Clients

Pregnancy Resource Medical Center

Website: <u>https://www.prmcfortbend.org/about-us/our-center</u> Facebook: <u>https://www.facebook.com/prmcftbend</u> Phone:281-232-2375 Keywords: "FREE Pregnancy Tests, Walk-ins Welcome, Confidential, FREE Non-diagnostic Ultrasound to Qualifying Clients

Sealy Pregnancy Resource Center

Website: http://www.sealyprc.com/ Facebook: http://www.facebook.com/SealyPRC Phone:979-472-8663 Keywords: women services, Unplanned Pregnancy, pregnancy testing, Prenatal & Parenting Classes, Ultrasound for Pregnancy Confirmation, Ongoing Pregnancy Support and Mentoring, Newborn & Baby Items, referrals

TruChoice Pregnancy Resource Center

Phone:866-627-9243

Victoria Pregnancy Center

Website: <u>http://crisispregnancycenter-victoriatx.com/</u> Facebook: <u>https://www.facebook.com/crisispregnancycenterofvictoria</u> Phone:361-575-6171 Keywords: "FREE Pregnancy Tests, Walk-ins Welcome, Confidential, FREE Non-diagnostic Ultrasound to Qualifying Clients

Pregnancy Loss

HOPE Mommies – pregnancy loss

Website: <u>https://hopemommies.org/</u> Facebook: <u>https://www.facebook.com/HopeMommies/</u> Keywords: grief, loss, guilt, post partum, miscarriage, stillbirth, infant loss,comfort, companionship, nonprofit, counseling

Private Schools

St. Anthony School – Catholic/Columbus

Address: 635 Bonham St. Columbus, TX 78934 Email: pri@stanthonycolumbus.net Website: http://www.stanthonycolumbus.net/ Facebook: https://www.facebook.com/StAnthonySchoolColumbusTX

Phone: 979-732-5505 Keywords: Columbus school, local, private school, school

St. Anthony School – Columbus Catholic School

Website: http://www.stanthonycolumbus.net/ Phone: 979-732-5505 Address: 635 Bonham St. Columbus, TX 78934 Email: pri@stanthonycolumbus.net Facebook: https://www.facebook.com/StAnthonySchoolColumbusTX

St. Michael's School – Catholic/Weimar

Address: 103 E. North St. Weimar, TX 78962 Email: jroeder@stmichaelswords.org Website: <u>https://stmichaelswords.org/</u> Facebook: https://www.facebook.com/stmichaelswords

Phone: 979-725-8461 Keywords: Weimar school, local, private school, school

St. Rose Catholic School – Schulenburg

Website: <u>www.strosecardinals.org</u> Phone: 979-743-3080 Address: 405 Black Street, Schulenburg, Texas 78956

Providers - Psychotheraphy and Counseling

TAMU – Telebehavioral Care

Website: https://health.tamu.edu/care/telebehavioral-care/ Phone: 979-436-0700 Address: 8441 Highway 47 Clinical Building 1, Suite 1100 Bryan, TX 77807 Facebook: https://www.facebook.com/TAMUHealth/

Psychiatrist

Prashant Gajwani, MD – Psychiatrist, Geriatrics, Addictions, Disorders Rice Medical Center/Hospital – Eagle Lake

Address: 610 South Austin Rd, Eagle Lake, TX 77434 Email: <u>info@ricemedicalcenter.net</u> Website: <u>https://ricemedicalcenter.net/providers/ https://ricemedicalcenter.net/</u> Facebook: <u>https://www.facebook.com/RiceMedicalCenterandAssociates</u> Website Link: <u>https://ricemedicalcenter.net/</u> Phone: 979-234-2551 Keywords: psychiatrist, psychotherapy, counseling, medication management, elderly, seniors, Alzheimer's Dementia, Telehealth Appointments Location: 600 S Austin Road Eagle Lake

Sandra Van Wyk MD PLLC

Name: Sandra Van Wyk MD PLLC

Address: 909 Pecan St Bastrop, TX 78602

Contact Person: Sandra Van Wyk

Title Position: Physician

Email: drvanwyk@sandravanwykmd.com

Telephone: <u>5123608488</u>

Website: sandravanwykmd.com

Services Provided: Psychiatry

Population Served: 18-64

Fee-Payment: Insurance

Search Words: Psychiatry

Sandra Van Wyk, MD – Psychiatrist Bastrop

Adults 18 years and older

Cash or Blue Cross Shield Insurance only

Website: https://sandravanwykmd.com/ Phone: 512-360-8488 Address: 715 Chestnut Street Bastrop, TX 78602 Keywords: medication management, adults psychotherapy, psychotherapy, therapy, counseling

Psychotherapy and Counseling

Beyond Therapy

Website: https://www.beyondtherapy.care/ Phone: 979-743-2108 Address: 411 Summit St. Schulenburg, Texas Email: tonia@beyondtherapy.care Facebook: https://www.facebook.com/beyondtherapy.care/

Beyond Therapy Dr. Jo Eckler Licensed Clinical Psychologist

Address: 411 Summit St. Schulenburg, Texas Email: tonia@beyondtherapy.care Website: https://www.beyondtherapy.care/ Facebook: https://www.facebook.com/beyondtherapy.care/ Website Link: https://beyondtherapy.us/ Phone: 979-743-2108 Keywords: Psychotherapy, Counseling, Trauma Resolution, Depression, Anxiety, Mental Disorders Location: 3005 S. Lamar Blvd, Ste D-109 #214, Austin, TX, 78704

Bluebonnet Trails Community Services (MHA)

Website: https://bbtrails.org/la-grange/ Phone: 1-844-309-6385 Address: 750 W. Travis St LaGrange, TX 78945

Keywords: crisis intervention, depression, schizophrenia, bipolar, psychotic, psychosis, suicide, suicidal thoughts, self-harm, self-injury

Guiding Hearts Case Management and Counseling Services

Tejas Health Care – La Grange – Behavioral, Medical & Dental

Website: https://tejashealthcare.org/ Facebook: https://www.facebook.com/tejashealthcare/ Phone: 979-968-2000 Keywords: behavioral health, psychiatrist, social worker, therapist, psychotherapy, counseling, medication management, English, Spanish, medical services, WIC, community, CHIP, dental, Medicare, Medicaid, Insurance, Sliding Fee

Tejas Health Care

Mission

"Provide quality, affordable, compassionate and accessible primary medical, dental and behavioral health care to the communities we serve.

Tejas Health Clinic

Texana Behavioral Health Clinic – Columbus

Website: https://www.texanacenter.com/ Phone: 979-732-6204 Address: 1460 Walnut St. Columbus, TX 78934 Email: info@texanacenter.com Facebook: https://www.facebook.com/TexanaCenter

Keywords: Crisis Intervention, Mental Illness, Counselors, Assessment, sliding fee, counseling, medication management, therapy, adults, teens, children, depression, anxiety, psychosis, schizophrenia, bipolar

Village Counseling and Assessment

Website: https://www.counselingatthevillage.com/ Phone: 979-732-4250 Address: 2540 Hwy. 71 S. Columbus, TX 78934 Email: staci@counselingatthevillage.com Facebook: https://www.facebook.com/villagecolumbus/

Rent or Utility Assistance

Combined Community Action – Rent Assistance

https://www.ccaction.com/community-action/tbra

Tenant Based Rental Assistance

The Tenant Based Rental Assistance program is a rental program designed to assist households with their housing expenses, while they focus on becoming self-sufficient. The program is able to assist families by providing assistance with security deposits and rental subsidies for up to 24 months.

To Qualify for TBRA household must be willing to:

- Participate in Self-Sufficiency plan and intensive Case Management
- Must have earnings at or below 80% of the Area Median Family Income (AMFI)
- Live in Bastrop, Fayette, Lee, Colorado, Austin, Hays, Caldwell, or Travis Counties (but not including the city limits of Austin)

Lite-Up Texas

Website: https://www.puc.texas.gov/consumer/lowincome/Assistance.aspx

Phone: 866-454-8387 Address: PO Box 13326 Austin, TX 78711-3326 Email: <u>info@puc.texas.gov</u> Facebook: <u>https://www.facebook.com/puctx/</u>

Texas Comprehensive Energy Assistance Program (CEAP)

Address: apply on line Email: <u>https://www.benefits.gov/benefit/1579</u>

Keywords: Utility Bills assistance, financial assistance, families in need, low-income, electric bills

Resources

Mental Health America (MHA) – Online Free Assessments

Website <u>https://screening.mhanational.org/screening-tools/</u> Facebook: <u>https://www.facebook.com/mentalhealthamerica</u> Email: <u>info@mhanational.org</u> Phone: 800-969-6642

Multiple assessments available at no cost – Anxiety, Depression, PTSD, Bipolar, Eating Disorder; some in Spanish.

Also have articles and resources.

Rice Independent Consolidated School District

Eagle Lake Intermediate School

Address: 701 Tate Avenue Eagle Lake, TX 77434 Email: <u>gglover@riceraiders.net</u> Website: <u>http://elis.ricecisd.org/</u> Facebook: <u>https://www.facebook.com/Eagle-Lake-Intermediate-School-</u> 226624458018337/?modal=admin_todo_tour

Phone: 979-234-3531 x 1400 Keywords: public, rice cisd, education, local, eagle lake, texas, school, intermediate

Eagle Lake Primary School

Address: 600 Johnnie D. Hutchins Eagle Lake, TX 77434 Email: <u>ketheridge@riceraiders.net</u> Website: <u>http://elps.ricecisd.org/</u> Facebook: <u>https://www.facebook.com/Eagle-Lake-Primary-School-1792342627526534/</u> Phone: 979-234-3531 x 1300

Keywords: public, rice cisd, education, local, eagle lake, texas, school, elementary, primary, education

Garwood Elementary School

Address: 7827 Hwy. 71 S. Garwood, TX 77442

Website: <u>http://ges.ricecisd.org/</u> Facebook: <u>https://www.facebook.com/Garwood-Elementary-School-</u> 218515088840593/?modal=admin_todo_tour

Phone: 979-234-3531 x 1600 Keywords: public school, rice cisd, education, local, garwood, texas, elementary, school

Rice Challenge Academy

Address: 600 FM 3013 Eagle Lake, TX 77434 Email: <u>dgarza@riceraiders.net</u> Website: <u>http://ricech.ricecisd.org/</u> Facebook: https://www.facebook.com/pages/Texas%20Challenge%20Academy/887371014668585/

Phone: 979-234-3531 x 2050 Keywords: at risk students, eagle lake, behavior, free education, life skills, military, residential academy, alternative school, public

Rice High School

Address: 1095 Raider Dr. Altair, TX 77412 Email: jlumpkins@riceraiders.net Website: http://ricehs.ricecisd.org/ Facebook: https://www.facebook.com/ricehighraiders/

Phone: 979-234-3531 x 1200 Keywords: public, school, rice cisd, education, local, high school, high school, Altair, Texas

Rice Independent Consolidated School District

Address: 1094 Raider Dr. Altair, TX 77412 Email: bhefner@riceraiders.net Website: https://www.ricecisd.org/ Facebook: https://www.facebook.com/ricehighraiders/

Phone: 979-234-3531 Keywords: local, rice cisd business office, school district, altair, texas, public school

Rice ISD Business Office

Website: https://www.ricecisd.org/ Phone: 979-234-3531 Address: 1094 Raider Dr. Altair, TX 77412 Email: bhefner@riceraiders.net Facebook: https://www.facebook.com/ricehighraiders/

Rice ISD Special Ed. Coop

Address: 2620 Meadow Lane El Campo, TX 77437 Email: <u>abosse@ecisd.org</u> Website: <u>https://www.ricecisd.org/apps/pages/index.jsp?uREC_ID=1771562&type=d&pREC_ID=1951352</u> Facebook: <u>https://www.facebook.com/ricehighraiders/</u>

Phone: 979-543-9051 Keywords: rice cisd, local, learning disability, learning problem, speech, vision impaired, delayed, education, early childhood, screenings, assessment

Rice Jr. High School

Address: 1093 Raider Dr. Altair, TX 77412 Email: jorona@riceraiders.net Website: http://rjhs.ricecisd.org/ Facebook: https://www.facebook.com/ricecisdjuniorhigh/

Phone: 979-234-3531 x 1900 Keywords: public, school, rice cisd, education, local, junior high, middle school, Altair, Texas

Sheridan Elementary School

Address: 5526 FM 2437 Sheridan, TX 77475 Email: <u>vknowlton@riceraiders.net</u> Website: <u>https://ses.ricecisd.org/</u> Facebook: https://www.facebook.com/SESSheridanTX/

Phone: 979-234-3531 x 1500 Keywords: public, rice cisd, local, elementary, school, sheridan, texas, education

Round Top-Carmine Independent School District

Round Top-Carmine Elementary

Website: https://www.rtcisd.net/

Round Top-Carmine High School

Website: <u>https://www.rtcisd.net/Domain/58</u> Phone: 979-278-3252 Address: 378 Centennial Street, Carmine, TX 78932

Schizophrenia & Psychosis

Schizophrenia and Psychosis Alliance – Resource & Information

Website: <u>https://sardaa.org/</u> Facebook: <u>https://www.facebook.com/sardaaorg</u> Phone: 240-423-9432 Alternate Phone: 1-800-493-2094 Keywords: Schizophrenia, Psychosis, confused, hearing voices, seeing things,

Schizophrenia.com

Website: http://schizophrenia.com/

Keywords: Schizophrenia, psychosis, resources, support, education, people who have schizophrenia, family caregivers

Schools

Compassion Works, Jason Drake, LCSW-S, BCN

Services: Licensed Clinical Social Worker providing counseling, psychotherapy, and Neurofeedback (brain mapping). Includes depression, anxiety, panic attacks, school phobia, and social anxiety. Certified in EMDR and Neurofeedback for trauma resolution and PTSD. Works with teens, families and adults.

Keywords: counseling, teens, family, Neurofeedback, depression, anxiety, school problems

Website: https://compassionworks.com/consultant/jason-drake-lcsw-s-bcn/

Phone: 281-519-6364

Address: 23410 Grand Reserve Dr., Katy, TX 77494

Schools Catholic Schools

Whispering Hills Achievement Center – Flatonia Catholic School

Phone:361-865-2941

Address: 4110 FM 609, Flatonia, TX 78941

Schulenburg Independent School District

Schulenburg Elementary school

Website: http://schulenburgisd.net/contact_school

Schulenburg ISD Secondary School

Website: <u>http://schulenburgisd.net/contact_school</u> Phone: 361-865-2941 Address: 400 4th Street, Flatonia, TX 78941

Self-screening

AlcoholScreening.org

Keywords: alcoholism, drug abuse, free screening, alcohol screening, behavioral health, substance abuse, inpatient treatment center, referrals, advice, recovery

website: AlcoholScreening.org

MHA screening

Website: https://screening.mhanational.org/ Phone: 1-800-969-6642 Address: Email: info@mhanational.org Facebook: https://www.facebook.com/mentalhealthamerica

The Mental Health of America – Free Screening OnLine – Greater Houston

Website: https://mhahouston.org/screening/ Facebook: https://www.facebook.com/MHAGreaterHouston/ Phone: 713-523-8963 Keywords: self screening, screening, assessment, free, information, education, training, community, mental health care, Advocates, prevention, mental illness, early intervention, treatment, disorders

Senior and Elderly Services/Support

1st Texas Home Health

Name: 1st Texas Home Health

Address: East Main St. Weimar, TX 78962

Tel 917: <u>9797256647</u>

Website: https://www.care.com/b/l/1st-texas-home-health/weimar-tx

Services Provided: Home Health Care

Population Served: disabled and seniors

Search Words: home health, seniors, disabled, home care

Alzheimer's Foundation of America

Address: 322 Eighth Avenue, 16th Floor New York, NY 10001 Email: <u>info@alzfdn.org</u> Website: <u>https://alzfdn.org/</u> Facebook: <u>https://www.facebook.com/AlzheimersFoundationofAmerica/</u>

Phone: 1-866-232-8484

Keywords: senior geriatric, aging, senior mental health, Alzheimer's, Dementia, confusion, memory loss, seniors

Columbus Arms Ltd

Name: Columbus Arms Ltd

Address: 1880 TX-71 Business Columbus, TX 78934

Telephone: 979 732-2144

Website: none available

Services Provided: HUD housing

Population Served: economically challenged individuals and families

Search Words: Senior housing, low income, HUD

Compassionate Provider Services of Texas – La Grange

Phone: 979-968-5400 Address: 252 N Washington, La Grange, TX 78945 Facebook: https://www.facebook.com/Compassionate-Provider-Services-of-Texas-523650577697887/

*Compassionate Care: This service includes assistance with dressing, bathing, meal preparation, light housekeeping, laundry, as well as conversation and companionship. This service requires a minimum of 4 hours per visit.

*Compassionate Medication Reminder Service: This service provides telephone calls to clients at the times medications are needed, to remind him/her to take the medication.

*Compassionate Call Care: This level of care will give family members peace of mind knowing someone is available to check in on their loved one when they aren't able. Weekly phone calls and semi-monthly visits will help ensure that the client is taking medications properly, eating, and keeping groceries in the home, as well as maintaining a safe and healthy home environment.

*Compassionate 24 hour care: Around the clock service for those needing constant care.

Courtwood Apartments

Name: Courtwood Apartments

Address: Eagle Lake, Texas 78934

Telephone: 979 234-2855

Website: https://www.publichousing.com/city/tx-eagle_lake

Services Provided: Low-income senior housing

Population Served: Low-income, Seniors or Disabled

Fee-Payment: Insurance

Search Words: Low income, HUD, senior, 62+, Section 8 housing

Houston-Galveston Area Council

Website: <u>https://www.h-gac.com/area-agency-on-aging/health-education-and-caregiver-workshops</u> Facebook: <u>https://www.facebook.com/HouGalvAreaCog</u> Phone: 832-681-2575 Keywords: Chronic, Disease, Self-Management, Diabetes, Self-Management, programs, fall prevention, workshops

Institute of Aging

Website: https://www.ioaging.org/

Phone: 1-800-971-0016

Keywords: Senior geriatric, aging, senior mental health needs, research, alzheimer's disease

Legacy Healthcare Services

Name: Legacy Healthcare Services Address: 103 Sweetbriar Dr, Columbus, TX 78934 Telephone: (979) 733-0045 Services Provided: home health care Population Served: seniors and disabled Search Words: home health care

Oak Bluff Village

Name: Oak Bluff Village

Address: 1513 Montezuma St. Columbus, TX 78934

Telephone: 979 732-6983

Website: https://affordablehousingonline.com/housing-search/Texas/Columbus/Oak-Bluff-Village/10012418

Services Provided: Rent based on household income

Population Served: "Section 202 Supportive Housing for the Elderly"

Search Words: Elderly, Senior, 62+, supportive housing, low-income housing, HUD

Senior Living.org

Website: https://www.seniorliving.org/

Keywords: Senior geriatric, aging, senior mental health needs

WCJC Senior Citizens Program

Website: http://ctfhs.org/eagle_lake.aspx

Keywords: food pantry, food assistance

Senior and Elderly Support

Combined Community Action

Website: <u>https://www.ccaction.com/</u> Phone: 1-800-688-9065 Address: 165 W Austin St, Giddings, TX 78942

Navidad Valley Community Connections

Website: https://www.navidadvalleycc.org/ Phone: 979-743-3227 Address: 1111 Bohlman Ave., Schulenburg, TX 78956 Email: navidadvalleycc@gmail.com

Navidad Valley Community Connections – Schulenburg

Active Senior Gather Place — Multiple Activities

Website: https://www.navidadvalleycc.org/ Phone: 979-743-3227 Address: 1111 Bohlman Ave., Schulenburg, TX 78956 Email: navidadvalleycc@gmail.com

Navidad Valley is a gathering place for active seniors who want to connect with others, stay engaged and have fun.

Weekly Overview

There is a wide variety of activities to engage our members. Dominoes, Card Games, Bunco, Lunch & Learn, Crafty Corner, The Paint Shed, Let's Talk Gardening and more keep our minds active and productive.

LUNCH and Monthly Activities

We serve a hot, nutritious lunch Monday, Wednesday and Friday. Join us for lunch and stay for the afternoon activities or just come and break bread with us and enjoy the social time.

HOURS

We are open Monday – Thursday 9 am – 4 pm, Friday 9 am – 2 pm. There are activities most days, but we welcome you to drop in if you're looking for some company, a game of dominoes or cards, join us for lunch or just to cool off and visit. Please follow this link for program schedule.

Oak Bluff Village

Name: Oak Bluff Village

Address: 1513 Montezuma St. Columbus, TX 78934 Telephone: 979 732-6983

Website: https://affordablehousingonline.com/housing-search/Texas/Columbus/Oak-Bluff-Village/10012418

Services Provided: Rent based on household income

Population Served: "Section 202 Supportive Housing for the Elderly"

Search Words: Elderly, Senior, 62+, supportive housing, low-income housing, HUD

Rice Medical Center – Lighthouse IOP

Website: https://ricemedicalcenter.net/ Phone: 979-234-5571 Address: 610 South Austin Rd. Eagle Lake, TX 77434 Email: info@ricemedicalcenter.net Facebook:

Keyword: Geriatric IOP, Intensive Outpatient Program, Seniors, Elderly, Alzheimer's Dementia

Special Needs

Navigate Life Texas

Website: <u>https://www.navigatelifetexas.org/en</u> Phone:211 Keywords: Diagnosis and Health Care, resource line, education, insurance, assistance, adulthood

Texas Parent to Parent

Website: <u>https://www.txp2p.org/</u> Facebook: <u>https://www.facebook.com/txp2p.org/</u> Phone:512-458-8600 Keywords: education and training, disability, chronic illness, or special health care need.

Substance Abuse and Drug Addiction

Centers for Disease Control and Prevention – Smokefree.gov

Website: https://smokefree.gov/ Facebook: https://www.facebook.com/SmokefreeUS Phone: 1-800-784-8669 Keywords: smoking cessation, cancer, lung disease, pulmonary, COPD, advice, referrals, live help, chat, recovery

National Council on Alcohlism and Drug Dependence, Inc.

Website: https://ncaddms.org/ Facebook: https://www.facebook.com/nationalcouncilms/ Phone: 601-899-5880 Keywords: substance abuse, alcoholism, inpatient treatment center, referrals, advice, screening, drugs, recovery

National Institute on Alcohol Abuse and Alcoholism

Website: https://www.niaaa.nih.gov/ Facebook: https://www.facebook.com/National-Institute-on-Alcohol-Abuse-and-Alcoholism-184202448795643 Phone: 301-443-3860 Keywords: behaviorial health, substance abuse, alcoholism, inpatient treatment center, referrals, advice, screening, drugs, recovery

National Institute on Drug Abuse – NIDA

Website: https://www.drugabuse.gov/ Facebook: https://www.facebook.com/NIDANIH Phone: 301-443-1124 Alternate Phone: 1-800-662-4357 Keywords: behaviorial health, substance abuse, alcoholism, inpatient treatment center, referrals, advice, screening, drugs, recovery

Start Your Recovery – Information & Resources

Website: <u>https://startyourrecovery.org/</u> Keywords: Addiction, Recovery, rehab, drug abuse, codependency

Substance Abuse and Mental Health Services Admisnitration – SAMHSA

Website: https://www.samhsa.gov/ Facebook: https://www.facebook.com/samhsa Phone: 1-877-726-4727 Alternate Phone: 1-800-662-4357 Keywords: behaviorial health, substance abuse, alcoholism, inpatient treatment center, referrals, advice, screening, drugs, recovery

Suicide

American Association of Suicidology

Website: https://suicidology.org/

Facebook: <u>https://www.facebook.com/AASuicidology</u> Phone: 202-237-2280 Alternate Phone: 1-800-273-8255 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

American Foundation for Suicide Prevention

Website: <u>https://afsp.org/</u> Facebook: <u>https://www.facebook.com/AFSPnational</u> Phone: 212-363-3500 Alternate Phone: 1-888-333-AFSP Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Blue Bonnet Trails Mental Health Authority

Website: https://bbtrails.org/la-grange/ Phone: 1-844-309-6385 Address: 750 W. Travis St LaGrange, TX 78945

Keywords: crisis intervention, depression, schizophrenia, bipolar, psychotic, psychosis, suicide, suicidal thoughts, self-harm, self-injury

Suicide Hotline 800-273-TALK (8255)

Hotline available 24/7; crisis counseling; support; encouragement

800-273-TALK (8255)

Suicide Hotline Spanish 888-628-9454

Spanish speaking crisis counseling; Suicide, depression, anxiety, addiction

888-628-9454

Suicide Prevention Resource Center

Website: <u>https://www.sprc.org/</u> Facebook: <u>https://www.facebook.com/SuicidePreventionResourceCenter</u> Phone: 1-800-273-8255 Keywords: suicide, suicidal, suicide prevention, self-harm, self-injury, anxiety, depression, mental health, mental illness, support, encouragement, hope

Suicide Prevention Resources

Multiple resource include: Native Americans, Youth, Adults, LGBTQ+, Suicide Survivors, Spanish, Disaster Survivors, Veterans, Deaf, Hard of Hearing

Keywords: Suicide, suicidal, self-harm, self-injury

www.suicidepreventionlifeline.org

Suicide Spanish Hotline 888-628-9454

Spanish speaking crisis counseling; Suicide, depression, anxiety, addiction

Suicide Text 741741 (Text: HELLO)

24/7 text available; crisis counseling, support, encouragement

Support Groups

Al-Anon and Alateen

Website: https://al-anon.org/ Facebook: https://www.facebook.com/AlAnonFamilyGroupsWSO Phone: 757-563-1600 Alternate Phone: 1-888-425-2666 Keywords: children of alcoholics, spouses of alcoholics, family of alcoholics suport group, codependency

American Self-Help Group Clearinghouse

WHEN: 3rd Friday TIME:11:00-1:00 p.m.

Cancer Support Group

Keywords: Support groups, cancer, cancer survivor, support

Depression and Bipolar Alliance

Website: https://www.dbsalliance.org/ Facebook: https://www.facebook.com/DBSAlliance Phone: 1-800-826-3632 WHEN: 2nd Monday TIME:10:00-12:00 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Eating Disorders Anonymous

Website: https://www.nationaleatingdisorders.org/help-support/contact-helpline
Facebook: https://www.facebook.com/NationalEatingDisordersAssociation
Phone: 212-575-6200
Alternate Phone: 1-800-931-2237
Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Narcotics Anonymous

Website: <u>https://na.org/</u> Facebook: <u>https://www.facebook.com/Narcotics-Anonymous-509266985778133</u> Phone: 1-818-773-9999 Keywords: drug abuse, narcotics, support groups, coping, referral, recovery

Narcotics Anonymous and Alcohlics Anonymous

Website: <u>https://www.aa.org/</u> Phone: 212-870-3400 Keywords: anxiety, depression, mental health, mental illness, bipolar, counseling, worry, social anxiety, loss, bereavement, divorce, separation, addiction, ADHD, BPD, Eating Disorders, OCD, PTSD, Schizophrenia, suicide prevention, support groups, coping, referral

Texas A&M AgriLife Extension - Resources

Texas A&M AgriLife Extension – Diabetes

Website: <u>https://agrilifeextension.tamu.edu/about/economic-impact-briefs/diabetes/</u> Facebook: <u>https://www.facebook.com/agrilifeextension</u> Phone:979-845-2142 Keywords: diabetes, incidence rate, Economic Impacts, programs, no profit,self-management education,nutritional applications, low-cost class, self care

Texas A&M AgriLife Extension – Disaster Relief

Website: <u>https://texashelp.tamu.edu/</u> Facebook: <u>https://www.facebook.com/agrilifeextension</u> Phone:979-458-9271 Keywords: disaster preparedness and recovery,educational materials, disaster mitigation, preparedness and recovery.

Texas A&M AgriLife Extension – Education and Prevention

Website: <u>https://agrilifeextension.tamu.edu/about/economic-impact-briefs/health-safety/</u> Facebook: <u>https://www.facebook.com/agrilifeextension</u> Phone:979-845-7800 Keywords: wellness programs, disease prevention, diabetes education, nutrition and exercise, food safety, child safety seat education and early cancer detection.

Texas State Hospitals - MH

SASH – San Antonio State Hospital

Website: <u>https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals</u> Facebook: <u>https://www.facebook.com/SASHtx</u> Phone: 210-532-8811 Keywords: public help, prevention, public resources,disease threats, outbreaks, disasters

State Hospitals – Website for All Texas State Hospitals

Website: <u>https://hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital</u> Facebook: <u>https://www.facebook.com/TexasHHSC/</u>

Phone: 512-452-0381

Keywords: Adult psychiatric services, Child and adolescent psychiatric services, Forensic competency restoration services, Specialty psychiatric services, developmental disability,outpatient support, inpatient, mental illness,

Trafficking

The Texas Human Resource Center – Human Trafficking

Website: https://hhs.texas.gov/services/safety/texas-human-trafficking-resource-center Facebook: https://www.facebook.com/TexasHHSC/ Phone: 1-888-373-7888 Keywords:forced labor, sexual exploitation, domestic, prostitiution, victim, enslavement, counseling, hostage

Transportation

Colorado Valley Transit

Website: http://gotransit.org/ Phone: 979-732-6281 Address: 108 Cardinal Ln, Columbus, TX 78934 Email: cvt@gotransit.org Facebook: https://www.facebook.com/profile.php?id=100012814484084

Colorado Valley Transit District (CVTD) Claudia Wicks, Executive Director

Website Link: www.GoTransit.org Phone: 1-800-548-1068 Keywords: Transportation, Austin, Colorado, Waller and Wharton Counties Location: 108 Cardinal Lane (FM 806) PO Box 940 Columbus, Tx 78934

Uncategorized

Gulf Coast Regional Blood Center

Name: Gulf Coast Regional Blood Center

Address: 1400 La Concha Houston TX 77054

Contact Person: Katie Nippress

Title Position: Account Manager

Email: <u>knippress@giveblood.org</u>

Telephone: <u>832-271-9255</u>

Website: www.giveblood.org

Services Provided: schedule mobile blood drives

Population Served: blood donors

Fee-Payment: Other

Search Words: blood, blood drive, give blood, host a blood drive, mobile blood drive, donor center, blood donor, donate blood, non-profit, blood center, gulf coast regional blood center, hospital, volunteer, healthcare, platelets, plasma, red cells, whole blood, schedule a blood drive, bloodmobile, blood bus, donor coach, blood drive sites, blood drive locations, phlebotomy, wellness, health, commit for life,

Self-Injury S.A.F.E. Alternatives – Self-Abuse Finally Ends 800-366-8288

800-DONtCUT (800-366-8288) Help Line

Website: <u>https://selfinjury.com/</u> Facebook: <u>https://www.facebook.com/SAFE-Self-Abuse-Finally-Ends-ALTERNATIVES-100545512550</u> Phone: 630-819-9505 Alternate Phone: 1-800-366-8288 Keywords: Self harm, self injury, cutting, burning, sticking, angry, mad, can't talk, depression, anxiety, suicide, suicidal

Thursday's Child – Bullying, Rape, Date Rape, Abuse (Teens and Young Adults)

Website: https://www.thursdayschild.org/html/corporate.html Facebook: https://www.crisistextline.org/ Phone: 1-800-872-5437 Keywords: teens, bullying, date rape, abuse, dating abuse, human trafficking,

Urgent Care

Urgent Care Columbus & Online

ph 979-942-9084 info@houstonurgentcareonline.com

926 Walnut Street Columbus, TX 78934

Payment Options: We accept Medicaid, CHIP, Private Insurance, and Cash. We also accept payment from most PPO and indemnity plans.

Keywords: urgent, pain, hurt, cuts, burns, infections, coughs, colds, flu, viruses, ingrown toenails, EKG, EEG, Adult physicals, teen physicals, children physicals, school physicals, physicals, immunizations, ear wax, annual exams, lacerations, sports injury, warts

Veteran Services

Veteran Services – Colorado County

Colorado County Veterans Services 305 Radio Lane Columbus, Texas, 78934 <u>979-733-0903</u> Hours Mon-Fri 9:00 AM-5:00 PM Website: https://www.countyoffice.org/colorado-county-veterans-services-columbus-tx-722/

Weatherization

Combined Community Action – Weatherization Program

https://www.ccaction.com/community-action/weatherization-program

Our Weatherization Assistance Program is designed to help reduce energy consumption by making your home more energy efficient. The program is not a renovation program; therefore, the program does not address cosmetic improvements or improvements which do not directly affect the heating and cooling of your home.

You must be income eligible to receive this service. Combined Community Action Weatherization program

serves the following counties: Lee, Fayette, Hays, Bastrop, Blanco, Colorado, Ft. Bend, Austin, and Caldwell.

For more information and application please contact: Carol Nolen, Weatherization Program Manager at 800-688-9065 or 979-540-2980 or by e-mail <u>cnolen@ccaction.com</u>

Weimar Independent School District

Weimar Elementary School

Address: 515 West Main Weimar, TX 78962 Email: <u>kjanecka@weimarisd.org</u> Website: <u>http://www.weimarisd.org/page/elementary</u> Facebook: <u>https://www.facebook.com/WeimarISD/</u>

Phone: 979-725-6329 Keywords: local, school, public, weimar, texas, elementary, education, primary school

Weimar High School

Address: 506 West Main Weimar, TX 78962 Email: sheger@weimarisd.org Website: http://www.weimarisd.org/page/high%20school Facebook: https://www.facebook.com/pages/Weimar%20High%20School/138560999502134/

Phone: 979-725-9504 Keywords: local, school, public, weimar, texas, high school, education, learning

Weimar Independent School District

Address: 506 West Main Weimar, TX 78962 Email: jwunderlich@weimarisd.org Website: http://www.weimarisd.org/ Facebook: https://www.facebook.com/WeimarISD

Phone: 979-725-9504 Keywords: local school, weimar business office, school district, public school

Weimar ISD Business Office

Website: http://www.weimarisd.org/ Phone: 979-725-9504 Address: 506 West Main Weimar, TX 78962 Email: jwunderlich@weimarisd.org Facebook: https://www.facebook.com/WeimarISD

Weimar ISD Special Education

Address: 506 West Main Weimar, TX 78962 Email: aturlington@weimarisd.org Website: http://www.weimarisd.org/page/special_education Facebook: https://www.facebook.com/WeimarISD

Phone: 979-725-6307 x 1127 Keywords: school, learning disability, hearing impaired, vision impaired, speech, early childhood, delayed, screening, assessment

Weimar ISD Special Education Director

Website: http://www.weimarisd.org/page/special_education Phone: 979-725-6307 x 1127 Address: 506 West Main Weimar, TX 78962 Email: aturlington@weimarisd.org Facebook: https://www.facebook.com/WeimarISD

Weimar Jr. High School

Address: 101 North West Weimar, TX 78962 Email: <u>sheger@weimarisd.org</u> Website: <u>http://www.weimarisd.org/page/junior%20high</u> Facebook: https://www.facebook.com/WeimarISD

Phone: 979-725-9515 Keywords: local, school, public, weimar, texas, junior high, middle school, education, learning